YOU ARE WARMLY INVITED TO ATTEND THE
25TH USC OCCUPATIONAL SCIENCE SYMPOSIUM
FEATURING WORLD-RENOWNED EXPERTS ON
BEHAVIOR CHANGE: THEORIES INFORMING
OCCUPATIONAL SCIENCE
AND THE 2016 WILMA WEST AWARD RECIPIENT
MARY VINYING RADOMSKI, PhD, OTR/L, FAOTA

SEPTEMBER 23, 2016
RADISSON HOTEL
LOS ANGELES MIDTOWN
AT USC

"EVERYTHING CHANGES AND NOTHING STANDS STILL." — HERACLITUS
The 25th USC Occupational Science Symposium will focus on behavior change and its interactions with the research discipline of occupational science and the clinical profession of occupational therapy. Attend this very special event to learn from four world-renowned experts about this increasingly interdisciplinary topic, about how to best enable challenging patients to become highly engaged during therapy sessions, about strategies and best practices you can adopt to facilitate sustainable change in client habits and routines, and how to empower others to become more effective health care actors who are determined to prevent or decrease the impact of chronic illness upon their lives.

Edward L. Deci PhD
Professor of Psychology and Gowan Professor in the Social Sciences at the University of Rochester

“A Self-Determination View of Behavior Change for Health and Work”

Edward L. Deci is Gowan Professor in the Social Sciences at the University of Rochester. He holds a PhD in psychopathology from the University of Rochester and served as an interdisciplinary postdoctoral fellow at Stanford. For 45 years, he has been engaged in a program of research on human motivation, much of it in collaboration with Richard M. Ryan. He has published 11 books, been a visiting scholar at Harvard and Stanford, been a professor at the University of Rochester, and has lectured at more than 100 universities and has consulted in 54 countries. He has been appointed to several government committees and has been invited to speak at several government conferences. He has been appointed to several government committees and has been invited to speak at several government conferences.

Judith Hibbard DrPH
Professor Emeritus and Faculty Fellow at the Institute for Policy Research and Innovation at the University of Oregon

“Increasing Patient Activation as a Way to Achieve Health Care Reform Goals”

Judith Hibbard is a Research Professor at the University of Oregon. She is a leading author of the Patient Activation Measure, a validated survey that measures the degree to which a person sees himself as capable of self-management for his or her own health and care. She has authored more than 100 peer-reviewed publications and is an international expert on consumer engagement and activation, including a listing in Thompson Reuters’ 2014 and 2015 editions of Who’s Who in Clinical Research. She will discuss how health care professionals can increase patient activation, the evidence linking patient activation to health behaviors, clinical outcomes and health care utilization and costs, and how patient activation is being used to improve care and improve care outcomes.

Mary Vining Radomski, PhD, OTS/L, FAOTA
Senior Scientific Advisor at the Coors Rocky Research Center (Minneapolis)


The 2016 USC Wilma West Award will be presented to Mary Vining Radomski, an occupational therapist and senior scientific advisor at the Coors Rocky Research Center. In addition to co-editing Occupational Therapy for Physical Dysfunction, her work on the past two decades has centered on cognitive assessment and intervention for adults with mild cognitive impairment. Her recent studies related to self-identified goals of adults with brain injuries and the use of implementation intentions to achieve goal achievement have added fuel to her lifelong passion for personal growth and living with purpose. Her lectures often contribute to discourses in people’s identities and ultimately how they define and enact purpose in life. Given the importance of purpose in life’s health, function and well-being, her lecture will propose a framework for realizing identity, occupation and purpose in life for helping people flourish after life transitions.

Wendy Wood PhD
Provost Professor of Psychology and Professor of Marketing at the Marshall School of Business at the University of Southern California

“Habits and Occupational Science”

Wendy Wood explores the ways that habits form and guide behavior, and why they are so difficult to break. Her research addresses habits in the context of everyday behavior such as eating, drinking and eating. Wendy is a Fellow of the American Psychological Association, the American Psychological Society and the Society for Experimental Social Psychology and is currently President of the Society for Perceptual and Social Psychology. She is an associate editor of Behavioral Science and Policy, has published more than 100 articles and been funded by the National Science Foundation, the National Institute of Health, the Rockefeller Foundation and the Radcliffe Institute of Advanced Study. She will discuss how habits — learned associations between components and features of performance contexts that are typically consistent with goals — contribute to the broader field of occupational science.