

*Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017*

Course	Description
<b>OT 560</b> <b><i>Contemporary Issues in School-Based Practice</i></b> (4 units)	This interactive seminar open to ALL students provides in-depth learning experiences to foster occupational therapy practice in schools for children with disabilities. Contemporary topics in early intervention, Response to Intervention (RtI <sup>2</sup> ), access to the general education curriculum, high school transition, technology, legal issues and advocacy will be included. Course content includes guest speakers, case studies, hands-on assessment experience, curriculum activity analysis, examination of scientific evidence and intervention strategies in school based practice.
<b>OT 561</b> <b><i>Occupational Therapy in Acute Care</i></b> (4 units)	This course is intended to provide introductory foundational knowledge in preparation for occupational therapy practice in an acute care setting. Students will learn to identify therapy implications for patients in an acute care setting by using a top-down occupational approach coupled with the bottom-up systems based approach. Students will be exposed to a variety of diagnoses with a progression towards increasing complexity, and learn ways to modify intervention modalities or techniques (e.g. alternative transfer techniques, navigating limited environment) to maximize therapeutic benefit for patients with varying states of acute and critical illness. This course includes a didactic and 4-hours per week of practice experience. Students will be required to complete all clearances consistent with fieldwork requirements.
<b>OT 562</b> <b><i>Advance Practice in Hand Therapy and Physical Agent Modalities</i></b> (4 Units)	This course is for students interested in obtaining advanced practice certification in physical agent modalities (PAMs) for hand and UE conditions. This course helps students begin the process to apply for PAMs certification in the state of California. The student will gain knowledge about when or when not to use PAMs for various hand and UE conditions, how to assess effectiveness or ineffectiveness of PAMs, how to document use of PAMs and client response to PAMs, and how to safely apply PAMs on clients. The course will provide opportunities for students to apply PAMs on themselves and on clients, develop professional skills including self-reflection, clinical reasoning, documentation, written and verbal communication, analyzing evidence based practice, and individualized client centered treatments. <b>(Note: Students MUST take OT 573 Hand Rehabilitation either <u>prior to or concurrently</u> with this course. This course cannot be taken alone.)</b>
<b>OT 563</b> <b><i>Occupational Therapy in Primary Healthcare Environments</i></b> (2 units)	Observe and participate in primary healthcare environments including the USC Family Medicine clinics. Opportunity to work with Faculty to develop multidisciplinary service delivery models in primary healthcare and observe OT service delivery within these innovative models. Be part of an interdisciplinary team including MD, OT, Pharmacy, PT, Dentistry, and Social Work students and faculty to provide assessment and consultation/education at a local Independent and Assisted Living Facility. Teams will visit the site once over the course of the fall semester and twice during the spring semester.
<b>OT 564</b> <b><i>Sensory Integration Theory</i></b> (4 Units)	This course provides a comprehensive overview of sensory integration theory. It reviews basic intervention principles and integrates them with concepts from occupational science and evidence-based practice. Students will develop expertise in the interpretation of child behavior using specialized knowledge regarding sensory processing and praxis. The course fulfills the "Perspective Course" requirements (one of the four courses required) for certification to conduct sensory integration evaluations.

*Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017*

Course	Description
<b>OT 565</b> <b><i>Sensory Integration Intervention</i></b> (4 units)	<p>This course is a companion course to the OT 564 Sensory Integration Theory. This course provides the student with clinical reasoning strategies for designing and implementing intervention using a sensory integration frame of reference. In order to complete the course requirements, the student will be required to observe and discuss 4 to 8 treatment sessions at local clinics. This course fulfills components of the requirements for certification to conduct sensory integration evaluation and treatment.</p> <p><b>(Note: Students MUST take OT 564 concurrently with this course. This course cannot be taken alone.)</b></p>
<b>OT 567</b> <b><i>Contemporary Issues in Occupational Therapy in Early Intervention</i></b> (4 units)	<p>This course content covers contemporary issues in the occupational therapy intervention for children from birth to three years with disabilities and their families. Content will address intervention within a variety of settings including the home and community. A special focus of the course will be on evaluation and intervention skills required to work in culturally, linguistically, and economically diverse settings. The course will provide in depth focus on specific diagnoses, common interventions, and emerging practice areas (i.e. infant mental health, autism spectrum disorders, prematurity and associated complications). Cooperative learning groups will prepare and present in-depth material as part of the course. While background content will be offered via readings and didactic lecture, ample course time allocation will be for discussions of the materials and sample cases.</p>
<b>OT 572</b> <b><i>Ergonomics</i></b> (4 Units)	<p>Ergonomics focuses on the interaction between the worker, work tasks, and work environment. Students will learn how this relationship can be used to prevent work-related musculoskeletal disorders and improve occupational performance. The class will include practical application of this knowledge to both office and industrial settings.</p>
<b>OT 573</b> <b><i>Hand Rehabilitation</i></b> (4 units)	<p>This course will explore client-centered and occupation-based evaluation and treatment for individuals with common hand disorders. Through lecture, lab, small group work, and class discussions, this course will emphasize functional anatomy of the hand and will promote sound clinical reasoning skills based on consideration of key anatomical principles and patients' occupation goals. Topics will include clinical examination, wound healing, scar management, physical agent modalities, splinting, peripheral nerve injury, arthritis, tendon injury, and other hand conditions.</p>
<b>OT 574</b> <b><i>Enhancing Motor Control for Occupation</i></b> (4 Units)	<p>This course will provide the student with an in depth understanding of principles and methods for remediation of movement impairments following upper motor neuron lesions. Through mini-lecture, laboratory experiences, seminar discussions, assigned readings, journal article reviews, and patient intervention students will learn about theories and concepts of motor control, motor learning, and their application to enhancing functional movement for individuals with upper motor neuron lesions. This will include review of basic anatomy and biomechanics of the upper extremity, typical movement problems of adults with hemiplegia, and their interference with performance in occupation. With supervision and instructor feedback, students will practice movement analysis skills and assessment, handling skills based upon the Neurodevelopmental Treatment Approach (NDT) and Neuro-IFRAH®, and application of these approaches to occupation-based intervention.</p> <p><b>Notes: In addition to scheduled class meetings, students will participate weekly in a two-hour, occupational therapy intervention session (for stroke patients) at Rancho Los Amigos National Rehabilitation Center (RLANRC), to include clinical observation of individuals with upper motor neuron lesions and provision of treatment.</b></p> <p><b>STUDENTS MUST BE ABLE TO PROVIDE THE FOLLOWING AT THE START OF CLASS: Updated health compliance from</b></p>

*Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017*

Course	Description
	<b>Student Health; CPR certification from the American Heart Association ONLY; HIPAA Certification; annual blood-borne pathogen training; and all RLANRC human resources documents (please obtain information from your course instructor).</b>
<b>OT 575</b> <b><i>Dysphagia Across the Lifespan: Pediatrics Through Geriatrics</i></b> (2 Units)	This course is intended for students who want to gain a better understanding of dysphagia through the lifespan and how it fits into OT Standards of Practice. This course will cover the oral, pharyngeal, and esophageal structures and functions as they relate to normal and dysfunctional swallowing as well as assessment and treatment strategies for patients and caregivers by utilizing a combination of didactic, case study, and hands on techniques. Completion of the course will fulfill 24 of the recommended 45 hours of continuing education coursework needed for the dysphagia specialized certification for California. <b>Note: This is a 6-week course that will take place during the first half of the semester.</b>
<b>OT 577</b> <b><i>Seminar in Occupational Therapy</i></b> (2 Units)	This course stresses application of all course content to specific clinical problems and helps synthesize the past two years of coursework. The course encourages students to integrate theoretical knowledge and practical skills in order to critically investigate what would be considered “best practice” for a large selection of diverse case scenarios. This high level of clinical reasoning skills is crucial for students as they prepare for the NBCOT exam and for their future careers as occupational therapists. <b>Note: This is a 6-week course that will take place during the second half of the semester.</b>
<b>OT 578</b> <b><i>Therapeutic Communication for the Healthcare Practitioner</i></b> (4 units)	This course will explore the principles and practice of a variety of therapeutic communication skills to include motivational interviewing, mindfulness, and cognitive behavioral therapy. Much of health care today involves helping patients/clients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. There are several approaches evidence suggests help in this process. Motivational interviewing (MI) is an effective method to overcoming the ambivalence that keeps many people from making desired changes in their lives. Mindfulness not only helps the practitioner in his or her daily life but is also a method of therapeutic communication to help clients establish and meet therapeutic goals. Cognitive behavioral therapy is a directive approach that offers the client behavioral skills or cognitive coping strategies. This course will review the conceptual and research background supporting these approaches but the majority of the experience will be learning and practicing the interventions and therapeutic skills. Present and past exposure to patients/clients will be useful to expand your learning opportunities but not necessary in order to benefit from the course experience. A seminar/workshop method will involve lecture, discussion, role-playing, and review and analysis of taped materials.
<b>OT 579</b> <b><i>Occupation-Based Adult Neurorehabilitation</i></b> (4 units)	This course is designed to provide students with a general understanding of occupation-based intervention in neurorehabilitation. Students will be introduced to the analysis of movement in functional activities, with particular emphasis on movement of the trunk and upper extremity. Additionally, students will learn to integrate the visual, cognitive, and language systems in neurorehabilitation. This course will explore the ways in which neurological impairments interfere with occupations. Students will have an opportunity to explore preparatory methods and assistive devices such as EMG-triggered equipment, dynamic orthoses, and other technology-based tools. This course emphasizes evidence-based instruction with hands-on application.

*Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017*

Course	Description
<b>OT 583</b> <b><i>Lifestyle Redesign</i></b> (4 units)	Students learn how to create and implement Lifestyle Redesign interventions across populations and settings. Prevention and management of the most prevalent chronic health issues impacted by lifestyle are emphasized such as obesity, diabetes, chronic pain, behavioral health comorbidities and more. Practicum experience includes exploring the Lifestyle Redesign approach personally, with other students, and through clinical observation at the USC Occupational Therapy Faculty Practice (outpatient OT clinic) and various USC primary care clinic sites.
<b>OT 500 CLINICAL PROBLEMS</b>	
Course	Description
<b>OT 500</b> <b><i>USC OT Faculty Practice</i></b> (2 or 4 Units)	Students may participate in any of the following activities: USC Lifestyle Redesign® Weight management, Diabetes, Supported Education and/or Pain Management Programs; observation and documentation of the Executive Health Consultation Program; development of marketing materials and/or marketing activity for any of the above programs; module and/or content research and development for any of the above programs; outcomes research for any of the above programs; support work for any of the above programs or for the general Faculty Practice activities. There is flexibility in scheduling at the practice according to the best days and times for students. <b>Notes: Interview required. Enrollment limited to 4 students. 4 units = 8-10 hours/week; 2 units = 4-6 hours/week.</b>
<b>OT 500</b> <b><i>Optimal Living with Multiple Sclerosis</i></b> (2 or 4 Units)	Students learn how to work with people who have Multiple Sclerosis (MS) using a Lifestyle Redesign® intervention. Students gain experience running a group module, as well as working individually with one to two participants from the community (recruited by the National MS Society) over the course of the semester. Students also collaborate with their Physical Therapy (PT) student counterparts, and have the opportunity to co-treat with PT twice in the semester. Students gain practice with Lifestyle Redesign® evaluations, daily notes, intervention planning, and intervention, as well receiving education from participants about what living with MS is like. <b>Notes: Interview required. Class runs for 13 weeks, with the group starting on the 2<sup>nd</sup> week of classes. Hour per week commitment is the same for a 2 and 4 unit section; fewer assignments are assigned for a 2 unit section.</b>
<b>OT 500</b> <b><i>Arts and Mental Health Promotion</i></b> (4 units)	Students in this course will actively engage in a program that helps young adults aged 18 to 30 develop the life skills that allow for independence and healthy interdependence with others. Students will work in two modalities within this program, employment support and group arts projects. Students will work directly with one or two young adults in developing and implementing a plan for independent action through the course of the semester. The goal is to plan and complete a creative project, such as reporting on a different coffee shop each week through a review, photographs, and/or drawings, and build confidence and efficacy. The student will also co-lead one to two field-based art groups with young adults who are homeless, former foster youth, or dealing with mental illness. Goals here are participation, sharing, communication skills, and seeking support from others. This experience is a collaboration of the USC Division of OS/OT and The Painted Brain, which is a peer-driven media and outreach campaign created by young adults with mental illness to eradicate the stigma of mental illness, foster thriving social relationships and to create a community of young adults. <b>Note: Interview required.</b>

*Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017*

**OT 500 CLINICAL PROBLEMS**

Course	Description
<p><b>OT 500</b> <b><i>Occupational Therapy in Permanent Supportive Housing</i></b> (2 units)</p>	<p>This 2-unit course will give students who have already completed OT 502 Mental Health Practice Immersion, and possibly a Level-II in mental health practice, the opportunity to further develop their skills for occupational therapy practice in the Public Mental Health System. This practice experience has been developed as part of a statewide initiative to grow the mental health workforce coordinated and funded by the by California Department of Health Services, Office of Statewide Health Planning and Development, Workforce Education &amp; Training Mental Health Services Act CalSEARCH initiative. (<a href="http://www.oshpd.ca.gov/HWDD/CalSEARCH">http://www.oshpd.ca.gov/HWDD/CalSEARCH</a>).</p> <p>This stipend-supported practice experience will focus on the role of occupational therapy in permanent supportive housing with persons labeled with behavioral health disorders. This practice experience will take place at Skid Row Housing Trust (SRHT) <a href="http://skidrow.org">http://skidrow.org</a> (see description of SRHT below). The USC Chan Division of Occupational Science and Occupational Therapy (USC OSOT) has been collaborating with SRHT over the last year to bring occupational therapy services to their residents. The practice experience offered by this course continues that collaboration. The occupational therapy student will partner with SRHT Resident Service Coordinators to facilitate a resident’s functional and occupational performance to ensure her/his housing stability and to promote her/his community integration. During this experience, students will provide occupational therapy services to SRHT residents by referral under the collaborative supervision and mentorship between USC OSOT and SRHT.</p> <p><b>Note: Interview required. Enrollment limited to 4 students. Students must have completed OT 502: Mental Health Practice Immersion. Student will complete a minimum of 1 full day per week during each week of the semester. Students will need to make arrangements to make-up the 2 days missed during the Externship weeks at some point during the semester. All activities will take place on weekdays during regular business hours. Services may be provided in the resident’s apartment or a group community space at one of the Trust’s permanent supportive housing residences located in and around downtown Los Angeles.</b></p>
<p><b>OT500</b> <b><i>Community Engagement for Individuals with Autism</i></b> (4 units)</p>	<p>This course is part of the USC Chan Division Autism Initiative. Housed under the Sensory Integration, Engagement and Family Life Research Core, the Autism Initiative encompasses research, education, and service provision efforts to meet the needs of individuals and families affect by ASD. Through this initiative, the USC Chan Division of Occupational Science and Occupational Therapy is committed to fostering efficacious solutions to real world, urgent, daily dilemmas and challenges by unifying the very best of the academic community and the expertise of the ASD community. This course is designed to teach students about facilitation and support for the engagement and social participation of individuals impacted by Autism Spectrum Disorder (ASD). Students will actively engage with a group of community members with ASD by facilitating participation and science learning through a series of field trips to a local science museum. Students will gain practice in community-based programming, leading group activities, and working with this unique population.</p> <p><b>Note: Interview Required. First part of the course will involve planning the curriculum for program. Second part of the course will involve implementing the program at an off-campus site.</b></p>

*Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017*

**OT 590 DIRECTED RESEARCH**

Course	Description
<p><b>OT 590</b> <b>Rancho Los Amigos</b> <b>National Rehabilitation</b> <b>Center: COPM Study</b> (2-4 Units) <b>Instructor: Michelle Berro,</b> <b>MA, OTR/L</b></p>	<p>This course provides opportunities in clinical research and clinical practice. The research component will involve students in an OT department-wide outcomes study with the Canadian Occupational Performance Measure (COPM). Students will cover COPM data review, data entry, and data analysis and will have the opportunity to reflect on the outcome data and the implications for practice at Rancho. In addition, students will be invited to discuss research findings through informal discussions and formal presentations to OT staff. The clinical component will focus on students observing and interfacing with OT staff engaging in occupation-based practice and impairment-based intervention. A student-centered approach is utilized in establishing course objectives and an educational plan for both the research and clinical components of this course. There is flexibility in scheduling the hours at Rancho.</p> <p><b>Notes: Interview required. Enrollment limited to 3 students. 4 units = 8-10 hours/week; 2 units = 4-6 hours/week.</b></p>
<p><b>OT 590</b> <b>Rancho Los Amigos</b> <b>National Rehabilitation</b> <b>Center: ETAC Study</b> (2-4 Units) <b>Instructor: Shanpin</b> <b>Fanchiang, PhD, OTR/L</b></p>	<p>This course provides the opportunity for students to be involved in a clinical research-related project for practice improvement at Rancho Los Amigos National Rehabilitation Center in Downey. The project is centered on learning and practice for (1) patient care and/or (2) continuing professional development for clinicians. For patient care, the focus is to explore the application of occupational science in wellness intervention and patient education in the area of occupational therapy diabetes and/or Parkinson's disease self-management. For clinicians, the focus is to explore the processes of lifelong learning to bridge practice gap and to promote knowledge translation (i.e. evidence-based practice). Students will learn the Empowered-to-Act Consistently (ETAC) Scale, a methodology developed at Rancho. There is flexibility in scheduling the hours at Rancho according to the best days and times for students and the instructor.</p> <p><b>Notes: Interview required. Enrollment limited to 2 students. 4 units = 8-10 hours/week; 2 units = 4-6 hours/week.</b></p>
<p><b>OT 590</b> <b>Rancho Los Amigos</b> <b>National Rehabilitation</b> <b>Center: Driving Program</b> (2-4 Units) <b>Instructor: Sandra Okada,</b> <b>MSG, OTR/L, CDRS</b></p>	<p>This course provides the students the opportunity to be involved with research in the Rancho Driving Program. The student may choose one of the following areas: (1) identify evidence-based research to justify the most effective standardized assessments, consolidating research done by OT students nationwide for driver rehabilitation; (2) identify safety and human factors research with use of adaptive driving equipment, identify an outcome study to show effectiveness of the program and intervention for change; or (3) work with the California Strategic Highway Safety Plan involving OTAC, driver rehabilitation specialists, DMV, and California Highway Patrol (CHP) to identify OT's role with driver rehabilitation to show OT's evidence-based effectiveness, and develop a training module for DMV, CHP, and other agencies working with the senior driver. The student will collaborate with the instructor to develop an individualized learning plan that will include experience with both the research and clinical component. There is flexibility scheduling hours at Rancho.</p> <p><b>Notes: Interview required. Enrollment limited to 1 student. 4 units = 8-10 hours/week; 2 units = 4-6 hours/week.</b></p>

Chan Division of Occupational Science and Occupational Therapy  
Elective Course Offerings Spring 2017

**OT 590 DIRECTED RESEARCH**

Course	Description
<p><b>OT 590</b> <b>Rancho Los Amigos</b> <b>National Rehabilitation</b> <b>Center: Fall Reduction</b> (2-4 units) <b>Instructor: Remy Chu,</b> <b>MHA, OTR/L</b></p>	<p>This course provides the students an opportunity to participate in a Rancho-wide outcome study related to decreasing hospital falls. Students will be involved in gathering, recording, and analyzing data related to all fall events that occur within Rancho. Students will have the opportunity to share their findings through formal and informal discussions and presentations. In addition, students will also become a member of Rancho's Falls Committee. In conjunction with the research study, students will also have the opportunity to observe and participate in reducing the frequency of falls and preventing its occurrence and through participation in Rancho's hospital-wide initiatives as well as various occupational therapy interventions that are specifically directed towards reducing and preventing the occurrences of falls. There will be flexibility with the hours at Rancho according to the best days and times for the student (4 hours per week for 2 units) and availability of staff.</p> <p><b>Notes: Interview required. Enrollment limited to 2 students. 4 units = 8-10 hours/week; 2 units = 4-6 hours/week.</b></p>