

ABOUT THIS COURSE

Audience

This is a beginners to intermediate-level course for OT practitioners working or interested in Pediatrics.

Schedule

Registration and sign-in begins 30 minutes before the start of the course (8 am for each day).

Breaks

Each day, there is a 15 minute break—one in the morning and one in the afternoon. There is a one-hour lunch period, with lunch on your own.

CEU Credit

Participants must sign in and out and complete a learning outcomes and course evaluation in order to receive a certificate of completion. Certificates are available at the end of the course on Day 2. Participants not fulfilling these requirements will not receive a certificate. Keep a copy of the certificate and course materials for your records.

Cancellation Policy

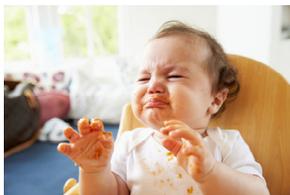
A refund, less \$50 administrative fee, will be made if a cancellation notice is received 10 business days prior to the first course date. Cancellation by instructor will result in full refund.

Special Needs Requests

If you require ADA accommodations, please contact Jackie Mardrossian at (323) 442-2811 at least two weeks before the course date so that arrangements can be made.

CBOT Advanced Practice

This course has been submitted to CBOT for Advanced Practice education of swallowing assessment, evaluation and intervention.



ABOUT THE SPEAKERS



Briana Hamill Pollard, OTD, OTR/L, SWC, CLE, CIMI has 16 years of experience as a pediatric OT. She has spent the past 11 years working at Children's Hospital Los Angeles on the outpatient therapy team. Her areas of expertise include pediatric feeding and swallowing, lactation support, infant mental health and sensory processing. Briana is involved with research studies at CHLA and has presented at national and international conferences. She is very passionate on improving the practice of care to better meet the needs of all families in all aspects of medical care. She strongly believes OTs have an important role to play by being an advocate for children and their families through direct intervention, program development, community training and public policy planning.



Judy Hopkins, OTD, OTR/L, SWC, CLE has over 20 years of experience as an OT specializing in pediatric feeding and swallowing in medically complex children. She works at Children's Hospital Los Angeles on the acute team. Her areas of expertise include pediatric feeding and swallowing, modified barium swallow studies, lactation support, high risk infant and critical care. Judy is a frequent presenter at state and national conferences. Passionate about working with children with feeding disorders, Judy enjoys sharing her medical knowledge and intervention strategies with OTs and other professionals to equip them to bring children from diagnosis to dinnertime.



The assignment of AOTA CEUS does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

AOTA Classification Codes: Feeding; Infants; Intervention

EARN 1.3 CEUs (13 CONTACT HOURS)

USC Chan Division of Occupational Science and Occupational Therapy



How We Learn to Eat: Building the Foundation for Successful Mealtimes

February 8 & 9, 2019

**Health Sciences Campus
Center for Health
Professions**

**1540 Alcazar St., Room 112
Los Angeles, CA 90089**

COURSE DESCRIPTION

How do infants and young children learn to eat? What happens when children do not learn the skills they need to eat? This course provides an overview of current research on typical and atypical feeding from infancy through early childhood. Through review of videos, case studies and hands on clinical laboratory activities, it will describe practical strategies to address bottle feeding, transition to solids, texture progression, chewing, self-feeding, oral aversion, food refusal and feeding interventions with typical and medically fragile populations.

LEARNING OBJECTIVES

Upon completion of the course, participants will be able to:

- ◆ Identify typical feeding milestones from infancy through the first five years of life
- ◆ Identify typical and atypical anatomy/physiology of oral motor feeding and swallowing
- ◆ List key strategies for effective parent education
- ◆ Apply and demonstrate techniques used to support transition from breast/bottle to solid foods
- ◆ Describe interventions that support infant/caregiver feeding dyad and the occupation of mealtime

AGENDA

Friday, February 8

- 8:30 Intro; Prevalence; What does research tell us? How we learn to eat
- 9:30 Anatomy and neurobiology of feeding and swallowing
- 10:15 Break
- 10:30 Swallowing assessment: Bedside, MBSS, FEES
- 11:00 Swallowing interventions; Case study
- 12:00 Lunch (on your own)
- 1:00 Infant feeding (0-6 mo); Typical/atypical development, critical windows, co-occupation, assessment, intervention, nutrition; Case study
- 2:30 Break
- 2:45 Infant feeding (6-12 mo); Typical/atypical development, baby led weaning/ complimentary feeding, assessment, intervention, nutrition; Case study
- 3:45 Toddler feeding (12-18 mo); Typical/atypical development, sensory development, assessment, intervention, nutrition; Q&A

Saturday, February 9

- 8:30 Parent education: parent readiness, integrating parenting styles into the treatment plan
- 9:30 Toddler feeding (18-24 mo) Typical/atypical development, neophobia, assessment, intervention, nutrition
- 10:30 Break
- 10:45 Toddler feeding (24-36 mo) Typical/atypical development assessment, intervention, nutrition; Case study
- 12:00 Lunch (on your own)
- 1:00 Preschool feeding (3-5 yrs) Typical/atypical development, division of responsibility, assessment, intervention, nutrition; Case study
- 2:30 Break
- 2:45 Feeding interventions with special populations; ARFID, picky eaters, tube fed, CP, preemies, autism
- 3:45 Building your toolkit; Q&A

WAYS TO REGISTER

Online by credit card:

<http://chan.usc.edu/academics/continuing-education>

Mail by check:

Make check payable to **USC Chan OSOT** and send check to:

Jackie Mardirossian, USC Chan OSOT,
1540 Alcazar St., CHP 133, Los Angeles, CA 90089-9003.

Include the following information:

NAME: _____

TITLE: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

E-MAIL: _____

PHONE: _____

AOTA # OR USC YR. GRADUATED: _____

FEES AND DISCOUNTS: \$380 (REGULAR) OR \$342 FOR AOTA MEMBERS, USC CHAN OSOT ALUMNI, AND EARLY REGISTRATION (4 WEEKS PRIOR TO COURSE DATE).

For more information, visit
chan.usc.edu/academics/continuing-education
or contact Jackie Mardirossian at otconted@usc.edu or 323-442-2811.

How We Learn to Eat