Other Services Offered

Lifestyle Redesign® for:
- Health Coaching
- Mental Health
- Pain Management
- Chronic Headaches
- Weight Management
- Diabetes Management
- Pelvic Floor Health
- Oncology
- Smoking Cessation
- College Students
- Multiple Sclerosis
- Parkinson’s Disease
- Autism Spectrum Disorder

USC Occupational Therapy Faculty Practice
Tel: 323-442-3340 | Fax: 323-442-3351
chan.usc.edu/otfp | otfp@med.usc.edu
What do occupational therapists do?
Occupational therapists (OTs) help people participate in the activities they need and want to do in healthy ways. OTs address the physical, cognitive, and psychological aspects of well-being, in the home, workplace, and community.

How much time will this take?
An ergonomic evaluation typically takes 45-60 minutes and is conducted at your office workstation or in your home.

How much will this cost?
Ergonomic evaluations of the home and workplace may be covered through insurance. Self-pay options are available.

USC Employees: Evaluations are a free benefit for all USC employees through Environmental Health & Safety. Departments are responsible for the purchasing of any equipment.

We can help you:
- Assess your working posture
- Modify your office layout to better fit your needs
- Recommend strategies to better manage chronic pain
- Provide education and training on injury prevention
- Adjust your current equipment to better fit your body
- Identify behaviors outside of work that contribute to ergonomics
- Provide you with a written report
- Recommend specific ergonomic equipment
- Enhance your sense of well-being at work

So how do I sign up?
Phone 323-442-3340
Email otfp@med.usc.edu
Locations
Health Sciences Campus
1640 Marengo Street, Suite 500
Los Angeles, CA 90033

University Park Campus
Engemann Student Health Center
1031 W. 34th Street, Suite 452
Los Angeles, CA 90089

Telehealth
Sessions also available online. Please inquire if interested.

USC Employees
Go to Self-Evaluation website: https://ehs.usc.edu/occhealth/ergonomics/

Click on “Ergonomic Self Evaluation Link” and log in with your USC NetID account login.