

RAQUAEL J. JOINER, PH.D.

Postdoctoral Researcher | UCLA Marriage & Close Relationships Lab
 Department of Psychology | University of California, Los Angeles
rjoiner@g.ucla.edu  0000-0002-9546-9893

Quick Links

[Professional Positions](#) | [Education](#)
[Publications](#) | [Presentations](#)
[Grant Support](#) | [Honors & Awards](#)
[Research Experience](#) | [Teaching Experience](#)
[Professional Service](#) | [Additional Training & Skills](#)

PROFESSIONAL POSITIONS

Assistant Professor of Research , Occupational Sciences and Occupational Therapy University of Southern California	July 2023 - Present
Postdoctoral Research Scholar , Psychology University of California, Los Angeles	Jan 2021 - July 2023
Postdoctoral Teaching Scholar , Psychology University of Notre Dame	Aug 2020 - Jan 2021

EDUCATION

University of Notre Dame Ph.D., Developmental Psychology with Advanced Quantitative Social Sciences Minor Dissertation: <i>Depression dynamics across a decade: Density in daily depressive affect and continuity in yearly depressive symptoms</i> Advisors: Cindy S. Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.	Aug 2020
M.A., Developmental Psychology Thesis: <i>Support Dynamics in the Stress-Negative Affect Link: Within Individuals, Within Dyadic Pairs, and Across Dyads</i> Advisors: Cindy S. Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.	May 2018
Arizona State University B.S. (magna cum laude) in Psychology Advisors: Frank J. Infurna, Ph.D. & Anne Kupfer, Ph.D.	Dec 2013
University of Alicante Arizona State Study Abroad Program: Cross-Cultural Psychology, Alicante, Spain	Summer 2012
Mesa Community College	Dec 2011

PUBLICATIONS

* Mentored Undergraduate Student, ∴ Mentored Graduate Student

Published

Joiner, R.J., Bradbury, T.N., Lavner, J.A., Meltzer, A.L., McNulty, J.K., Neff, L., & Karney, B.R. (In Press). Are changes in marriage satisfaction sustained and steady, or sporadic and dramatic? *American Psychologist*.

Liu, Q., **Joiner, R. J.**, Trichtinger, L., Tran, T., & Cole, D.A. (2023). Dissecting the depressed mood criterion in adult depression: The heterogeneity of mood disturbances in major depressive episode. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2022.11.047>

Joiner, R. J., Martinez, B.S., Nelson, N.A., & Bergeman, C.S. (2022). Within-person changes in religiosity, perceived control, and subjective well-being across middle and late adulthood. *Psychology and Aging*. <https://doi.org/10.1037/pag0000713>

Bergeman, C.S., Blaxton, J., & **Joiner, R. J.** (2020). How longitudinal data at multiple time scales can elucidate the dynamic resilience process. *The Gerontologist*. <https://doi.org/10.1093/geront/gnaa046>

Joiner, R. J., Bergeman, C.S., & Wang, L. (2018). Emotional experience across the adult lifespan: An accelerated longitudinal design. *Psychology and Aging*, 33(3), 399-412. <https://doi.org/10.1037/pag0000257>

Bergeman, C.S., **Joiner, R. J.**, & Blaxton, J. (2018). Behavior Genetics. Invited Chapter for Bornstein, M.H. (Ed.) *The SAGE Encyclopedia of Lifespan Human Development*. SAGE Publications, Inc.

Under Review

Joiner, R.J., Liu, Q., Bergeman, C.S., & Wang, L. (Revise & Resubmit). Depression dynamics across a decade: Density in daily depressive affect and continuity in yearly depressive symptoms. *Clinical Psychological Science*.

Selected Manuscripts In Preparation

- Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (In Preparation). Pathways to dissolution: A longitudinal, latent class analysis of marriages that ended. Pre-registration: <https://osf.io/na3fh>
- Joiner, R.J.**, Perez, J.C., Bradbury, T.N., & Karney, B.R. (In Preparation). Intergenerational bonds across the early years of marriage: Wives' and husbands' views on the influence of their parents and in-laws on their marriage.
- Joiner, R.J.**, Bergeman, C.S., & Wang, L. (Under Revision). Support dynamics in the stress-negative affect link: Within individuals, within dyadic pairs, and across dyads.
- Joiner, R.J.**, Bergeman, C.S., Gao, M.M., & Braungart-Rieker, J.M. (Under Revision). Temporal emotion regulation and attachment processes model (TEAM): A dyadic process model emotion regulation across the lifespan.
- Bergeman, C.S., **Joiner, R.J.**, Nelson, N.A., & Deboeck, P. (Under Revision). Does control dissipate daily stress? A longitudinal reservoir model of stress dissipation and the influences of concomitant perceptions of control.
- ∴ Perez, J.C., **Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (In Preparation). Explaining differential marital outcomes between Black and Latinx newlywed couples.
- ∴ Haggerty, B.B., **Joiner, R.J.**, Perez, J.C., Bradbury, T.N., & Karney, B.R. (In Preparation). Social and Temporal Comparisons Moderate Associations Between Income and Marital Satisfaction. Pre-registration: <https://osf.io/pz4uk>

PRESENTATIONS

* Denotes Mentored Undergraduate Student ∴ Denotes Mentored Graduate Student

Peer-reviewed Oral Presentations

- Joiner, R. J.**, Perez, J.C., Bradbury, T.N., & Karney, B.R. (2023, November). Intergenerational bonds across the early years of marriage. Paper accepted to be presented at the Gerontological Society of America Annual Scientific Meeting 2023, Tampa, FL.
- Joiner, R.J.**, Bradbury, T.N., Lavner, J.A., Meltzer, A.L., McNulty, J.K., Neff, L., & Karney, B.R. (2023, May). Trajectories of change in marriage satisfaction: Sustained and steady, or sporadic and dramatic? Paper accepted to be presented at the 2023 International Association of Relationship Research ASU Mini-Conference.
- Joiner, R. J.**, Perez, J.C., Bradbury, T.N., & Karney, B.R. (2022, July). Intergenerational bonds across the early years of marriage: Wives' and husbands' views on the influence of their parents and in-laws on their marriage. Paper presented at the 2022 International Association of Relationship Research Virtual Conference.
- ∴ Perez, J.C., **Joiner, R.J.**, Bradbury, T.N., & Karney, B.R. (2022, February). Explaining differential marital outcomes between Black and Latino newlywed couples. Paper presented at the Society for Personality and Social Psychology 2022 Conference.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2020, November). Depression dynamics across a decade: Density in daily depressive affect and continuity in yearly depressive symptomology. In **R. J. Joiner** & N. A. Nelson (Co-chairs) *Micro- and Macro-level Time Associations: How Daily Stress Settles into Longer-term Profiles*. Symposium conducted at the Gerontological Society of America Annual Scientific Meeting 2020 Online.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2018, May). Support dynamics in the stress-negative affect link: Within Individuals, within dyadic pairs, and across dyads. In M. M. Gao & **R. J. Joiner** (Co-chairs) *A Dyadic Perspective and Beyond: Studying Interpersonal Dynamics with Intensive Longitudinal Data*. Symposium conducted at the 30^h Association for Psychological Science Annual Convention, San Francisco, CA.
- Joiner, R. J.**, Bergeman, C. S., & Wang, L. (2016, November). Emotional Experience Across the Adult Lifespan: An Accelerated Longitudinal Design. Paper presented at the 69th Annual Meeting of the Gerontological Society of America, New Orleans, LA. Chair.

Oral Presentations | Internal

- Joiner, R. J.** (2022, October). How do People Change? Nomothetic vs. Idiographic Approaches. Invited talk at UCLA Social Colloquium Series.
- Joiner, R. J.** (2022, January). Theory-methods interface in the study of change within and across individuals. Invited talk at UCLA Quantitative Seminar.
- Joiner, R.J.**, Bradbury, T.N., Neff, L., McNulty, J.K., Meltzer, A.L., Lavner, J.A., & Karney, B.R. (2021, October). Revisiting trajectories of marital satisfaction: variability between and within classes in the first years of marriage. Invited talk at the Developmental Forum at UCLA.
- Joiner, R. J.**, Wang, L. & Bergeman, C. S. (2019, December). Theory, methods, and math: Dynamic systems. Quantitative Studies Seminar at the University of Notre Dame.

Oral Presentations | Internal (Continued)

Joiner, R. J., Bergeman, C.S. & Wang, L. & Bergeman, C. S. (2019, December). Depression dynamics across a decade. Developmental Science Seminar at the University of Notre Dame.

Joiner, R. J., Bergeman, C.S. & Wang, L. (2019, May). Transformational change processes. Developmental Science Seminar at the University of Notre Dame.

Joiner, R. J., Bergeman, C. S., & Wang, L. (2018, April). Support dynamics in the stress-negative affect link: Within and across dyadic partners. Developmental Science Seminar at the University of Notre Dame.

Peer-Reviewed Poster Presentations

*Flannagan, K., **Joiner, R. J.**, & Bergeman, C. S. (2021, April). Time-varying relations between loneliness and depression in the years leading up to and following a marital transition. Poster accepted for presentation at Midwestern Psychological Association 2021 virtual conference.

*Saenz, K.A., **Joiner, R. J.**, & Bergeman, C. S. (2020, April). Perceived daily health and perceived daily stress in middle-aged and older adults. Poster accepted for presentation at Midwestern Psychological Association 2020 conference in Chicago, IL.

*Kosciusko, M., Martinez, B. S., **Joiner, R. J.**, Wirth, M., & Bergeman, C. S. (2017, September). The longitudinal implications of stress dissipation on pathological mechanisms. Poster presented at the 47th Annual Meeting of the International Society of Psychoneuroendocrinology in Zurich, Switzerland.

Joiner, R. J., Bergeman, C. S., & Wang, L. (2016, October). Emotional experience across the adult lifespan: An accelerated longitudinal design. Poster presented at the Associated Women in Science 2016 Women in Science Conference, Notre Dame, IN.

Joiner, R. J. & Infurna, F. J. (2015, November). Examining the contributing factors to changes in life satisfaction following a serious illness or injury: The mediating effects of social support. Poster presented at the 68th Annual Meeting of the Gerontological Society of America, Orlando, FL.

Joiner, R. J. & Infurna, F. J. (2014, November). Linking work-stress to level and change in well-being, perceived control, and health in midlife and old age. Poster presented at the 67th Annual Meeting of the Gerontological Society of America, Washington, DC.

GRANTS & AWARDSGrant Support (Total \$18,000)

Institute for Scholarship in the Liberal Arts, University of Notre Dame. Co-Investigator. 2015-2017
The Stress-Emotion Regulation Interface and the Mediating or Moderating Role of Spousal Support. Total Direct: \$15,000

Institute for Scholarship in the Liberal Arts, University of Notre Dame. Principal Investigator. 2015-2017
The Notre Dame Study of Dyadic Relationships. Total Direct: \$3,000

Honors & Awards

University of California, Los Angeles Psychology Department's Best Paper by a Postdoctoral Scholar 2023

Marriage Strengthening Research & Dissemination Center's Small Grant Award 2022

University of Notre Dame Psychology Department's Excellence in Graduate Student Teaching Award 2020

Association for Psychological Science Student Travel Award 2018

University of Notre Dame's Notebaert Professional Development Award 2016, 2018

University of Notre Dame's Graduate Student Conference Presentation Grant 2016, 2018

University of Notre Dame's Outstanding Teaching Assistant Award 2017

Arizona State's Study Abroad Office Travel Scholarship 2012

Mesa Community College's Outstanding Academic Achievement in Sociology Award 2008

Maricopa Community College's Presidential Scholarship 2007

RESEARCH EXPERIENCE

University of California, Los Angeles 2020-Present

Postdoctoral Scholar & Quantitative Analyst, UCLA Marriage and Close Relationships Lab

Advisors: Benjamin R. Karney, Ph.D. & Thomas N. Bradbury, PhD.

- Independently & Collaboratively Prepare Grants, Preregistrations, and Manuscripts
- Mentor 4 Graduate & 5 Undergraduate Students in Research Methods and Statistics
- Manage 2 Large-scale, Multivariate, Longitudinal, Dyadic Datasets
- Harmonized Measures across 12 Longitudinal, Dyadic Studies to Pool Data for Analyses

2015-2020

University of Notre Dame**Graduate Research Assistant**, Adult Development and Aging Lab*The Stress-Emotion Regulation Interface and the Mediating or Moderating Role of Spousal*

Advisors: Cindy Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.

- Facilitated New Data Collection Project by Procuring \$18,000 in Grant Funding
- Headed Collection of Daily Data from 72 Couples Across 35 Days
 - Developed Standardized Protocols and Trained 6 Undergraduate Research Assistants
 - Facilitated Online Survey Data Collection & Management via Qualtrics
- Disseminated Research Findings through Oral Presentations & Written Manuscripts

Notre Dame Study of Health & Well-being

Advisors: Cindy Bergeman, Ph.D. & Lijuan (Peggy) Wang, Ph.D.

- Disseminated Research Findings through Oral Presentations & Written Manuscripts
- Mentored 3 Undergraduate Students in Research Methods, Statistics, and Scientific Writing
- Administered NIH Toolbox Cognitive Health Domain
- Collected Physiological Data via BIOPAC system (Basic)

Arizona State University

2012-2015

Project Coordinator, Healthy Aging and Life Events Lab & Child Study Lab

Advisors: Frank J. Infurna, Ph.D. & Anne Kupfer, Ph.D.

- Headed Data Collection of Developmentally Appropriate Behavioral Assessments
- Developed Undergraduate Research Assistant Training Curriculums
- Created and Administered Online Surveys via Google Forms
- Standardized Data Collection Procedures
- Collected Biospecimen Data via Blood & Saliva Samples

Survey and Statistical Software

SAS | R | SPSS | Mplus | Linux | GridWare | Excel | Qualtrics | Google Forms

TEACHING EXPERIENCE

Co-Instructor , Dual Intercept Models Using R, Center for Life Span Developmental Science Co-Instructors: Meaghan Barlow, Ph.D., Paul Lefebvre	2023
<ul style="list-style-type: none"> ▪ Workshop Planning & Instruction ▪ Online Design & Instruction 	
Co-Instructor , Principles of Research in Relationship Science, University of California, Los Angeles	2021
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction Syllabus available upon request ▪ Online Course Design & Instruction ▪ Team Taught 	
Instructor , Experimental Psychology II: Research Methods, University of Notre Dame	2020
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction Syllabus available upon request ▪ Dual-Mode Hybrid Course Design & Instruction ▪ 1-on-1 Student Writing Consultations 	
Co-Instructor , Developmental Psychology, University of Notre Dame Co-instructor: Amanda Nowak, Ph.D.	2019
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction Syllabus available upon request ▪ Dynamically Interweaved Student Interests and Course Content ▪ 1-on-1 Student Writing Consultations 	
Lab Instructor & Teaching Assistant , Introduction to Statistics, University of Notre Dame Supervisors: Guangjian Zhang, Ph.D.; Lijuan Wang, Ph.D.	2016, 2017
<ul style="list-style-type: none"> ▪ Lesson Planning & Instruction with Tutorials in SPSS ▪ 1-on-1 Student Statistical Consultations 	

Teaching & Mentoring Certifications

Community Engagement | Striving for Excellence in Teaching | Advanced Teaching Scholar | CIMER Entering Mentoring

PROFESSIONAL SERVICE

<i>Review Committee, Graduate Women in Science National Fellowship Program</i>	2021-2023
<i>Panelist, Careers in Developmental Psychology, University of Notre Dame</i>	2021
<i>Reviewer, Psychological Methods</i>	2021
<i>Reviewer, The Gerontologist</i>	2020
<i>Judge, Northern Indiana Regional Science Fair, University of Notre Dame</i>	2020
<i>Graduate Student Representative, Department of Psychology External Review</i>	2019
<i>Reviewer, Geriatric Nursing</i>	2019
<i>Graduate Student Orientation Panelist, University of Notre Dame</i>	2019
<i>Elected Professional Development Co-Chair, Department of Psychology, Notre Dame</i>	2018-2019
<i>Elected Psychology Representative, Association for Women in Science, ND</i>	2017-2018
<i>Judge, Rolling Prairie Elementary School Science Fair</i>	2016
<i>Workshop Leader, Expand Your Horizons, Women leadership conference in STEM for girls in Jr. High</i>	2016-2019
<i>Workshop Leader, Science Alive, A Day of science at the St. Joseph Public Library</i>	2016
<i>Mentor, STEMentorship: Graduate Women Educators in STEM</i>	2016
<i>Ad-Hoc Abstract Reviewer, IAGG World Congress of Gerontology and Geriatrics</i>	2016
<i>Tutor, GET STEM: Community Engagement</i>	2015

ADDITIONAL SKILLS AND TRAINING

Survey and Statistical Software

SAS | R | SPSS | Mplus | Linux | GridWare | Excel | Qualtrics | Google Forms

Quantitative Coursework

Quantitative Methods I & II: Regression, ANOVA

Multivariate Analysis: Latent Variable Modeling

Longitudinal Data Analysis: Multilevel Modeling, Growth Curve Modeling, Modern Missing Data Methods

Advanced Longitudinal Analysis: Dyadic Data Analysis, Accelerated Longitudinal Design

Structural Equation Modeling: Factor Analysis; Longitudinal Mediation Analysis

Psychological Measurement: Item Response Theory

Bayesian Statistics

Teaching & Mentoring Workshops

Assessing Participation, Preparation, and Attendance

Strategies for Effective Active Learning and Group Collaboration

Well-being in the Classroom & Inclusive Teaching

Teaching Well Using Technology & Creating Effective Multiple-Choice Questions

Visual Syllabus Makeover & Course Design Bootcamp

Engaging Lectures for Effective Learning

Foundations of Teaching in STEM

Maintaining Effective Communication, Aligning Expectations & Fostering Independence

Addressing Equity and Inclusion

Promoting Professional Development

Fostering Research Self-Efficacy

Equity, Diversity, and Inclusion Workshops & Lectures

The ABCs of EDI: A Basic Needs Approach to Successful Equity, Diversity, and Inclusion Initiatives, *Dr. Caruso, UCLA*

Human Flourishing in Diverse Developmental Contexts, *Cornell Center for Integrative Developmental Science*

27th Annual Hesburgh Lecture on Ethics and Public Policy, *Dr. Angela Davis, Kroc Institute at Notre Dame*

Responding to Microaggressions, *Diversity & Inclusion Committee at Notre Dame*

Allyship in Managing Racial Mistreatment, *Diversity & Inclusion Committee at Notre Dame*

Committing to Black Liberation, *Academics for Black Survival and Wellness*

PROFESSIONAL AFFILIATIONS

Gerontological Society of America

National Council on Family Relations

International Association for Relationship Research

Association for Women in Science

American Psychological Association

Association for Psychological Science

PSI CHI: The International Honor Society in Psychology

PSI BETA: Community College Honor Society in Psychology