

# CURRICULUM VITAE

**SAMANTHA VALASEK**

November 24, 2018

## BIOGRAPHICAL INFORMATION

### UNIVERSITY OFFICE

#### **USC Occupational Therapy Faculty Practice**

1640 Marengo Street, HRA, Suite 500

Los Angeles, CA 90089

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### UNIVERSITY EDUCATION

#### **Professional and Doctoral Education**

University of Southern California

**Doctorate of Occupational Therapy**

Los Angeles, CA

Dec 2016

University of Southern California

**Master of Arts in Occupational Therapy**

Los Angeles, CA

Dec 2015

#### **Undergraduate Education**

Loyola Marymount University

**Bachelor of Science in Natural Science: Pre-Physical/Occupational Therapy**

**Minor in Studio Arts**

**University Honors Program**

Los Angeles, CA

May 2012

### ACADEMIC APPOINTMENTS

#### **USC Chan Division of Occupational Therapy & Occupational Science**

Assistant Professor of Clinical Occupational Therapy

Los Angeles, CA

Aug 2017 - present

### EMPLOYMENT

#### **USC Occupational Therapy Faculty Practice**

Staff Occupational Therapist

Los Angeles, CA

Dec 2016 – Jul 2017

#### **USC Occupational Therapy Faculty Practice**

Doctoral Resident in Lifestyle Redesign®, Part-time

Los Angeles, CA

Jan - Dec 2016

#### **USC Chan Division of Occupational Science and Occupational Therapy**

Doctoral Resident in Primary Care, Part-time

Los Angeles, CA

Jan - Dec 2016

## FIELDWORK – LEVEL II

**USC Occupational Therapy Faculty Practice** (full time; 12 weeks)

Los Angeles, CA  
Aug - Dec 2015

**Kids Therapy** (full time; 12 weeks)

Woodland Hills, CA  
June - Aug 2015

## FIELDWORK – LEVEL I

**Step Up on Second** (100 hours)

Santa Monica, CA  
Sept-Nov 2013

**Bloom Pediatrics** (100 hours)

Santa Monica, CA  
Jan - Apr 2014

**Centinela Hospital Medical Center** (100 hours)

Inglewood, CA  
Sept – Nov 2014

## OTHER PREVIOUS EMPLOYMENT

USC Chan Division of Occupational Science and Occupational Therapy  
**Classroom Assistant, Kinesiology & Neuroscience**

Los Angeles, CA  
June - Aug 2014

Patty Brown Physical Therapy & Associates  
**Administrative Assistant**

El Segundo, CA  
Aug 2011 - June 2013

Loyola Marymount University, Natural Science Department  
**Undergraduate Teaching & Research Assistant, Nutrition**

Los Angeles, CA  
May 2011 - Aug 2011

Loyola Marymount University, Natural Science Department  
**Undergraduate Teaching Assistant, Anatomy & Physiology Lab**

Los Angeles, CA  
Aug 2010 - May 2011

## BOARD CERTIFICATION AND LICENSURE

**National Board for Certification in Occupational Therapy (NBCOT)**

Registration Certification Number: 352970  
02/02/2016 – 03/31/2019

**California Board of Occupational Therapy (CBOT)**

License Number: OT16090  
Expiration Date: 03/31/2020

**National Provider Identifier (NPI)**

ID Number: 1154785160

**American Heart Association: BLS for Healthcare Providers**

09/30/2017 – 09/2019

**Tobacco Treatment Specialist**

Credentialed through MD Anderson Cancer Center  
10/2018

## AWARDS AND HONORS

**Lela Llorens Award for Creativity, 2016**

University of Southern California, Los Angeles, CA

**Student Leadership Award, 2016** (scholarship to attend the AOTA Annual Conference)

University of Southern California, Los Angeles, CA

**Emerging Leader Development Program, 2015**

American Occupational Therapy Association

**Order of Arete, 2015** (highest honor for graduate students upon completion of their programs)

University of Southern California, Los Angeles, CA

**Lisa Marie Bucher Award, 2015**

University of Southern California, Los Angeles, CA

**Student Recognition Award, 2015** (for leadership, volunteerism, and community engagement)

University of Southern California, Los Angeles, CA

**Graduate Assistantship, 2015** (Doctorate program, partial tuition remission and stipend)

University of Southern California, Los Angeles, CA

**Student Leadership Award, 2014** (scholarship to attend the AOTA Student Conclave)

University of Southern California

**Pi Theta Epsilon Honor Society, 2014**

University of Southern California, Los Angeles, CA

**Graduate Scholarship, 2013** (Masters program, for academic merit)

University of Southern California, Los Angeles, CA

**Presidential Citation, 2012** (for academics, leadership, and service to the university and community)

Loyola Marymount University, Los Angeles, CA

**Trustee Scholarship, 2008** (merit-based, full tuition, room and board)

Loyola Marymount University, Los Angeles, CA

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

**American Occupational Therapy Association (AOTA)**

Member ID Number: 000004370165

**Occupational Therapy Association of California (OTAC)**

Member ID Number: 1785560

**ADMINISTRATIVE AND SERVICE ACTIVITIES**

**UNIVERSITY SERVICE**

University

**GWEP Pharmacy-OT Clinic at Eisner Health**

Faculty Member

Los Angeles, CA

Aug 2017 - present

**USC Interprofessional Geriatrics Curriculum**

Faculty Member

Los Angeles, CA

Aug 2017 - present

**Norris Medical Library Interprofessional Education Group**

University of Southern California, Los Angeles, CA

Los Angeles, CA

Dec 2015 – May 2016

**Clinic Site Coordinator, The USC Student-Run Clinic**

University of Southern California, Los Angeles, CA

Los Angeles, CA

May 2014 - Mar 2015

**Care Team Coordinator, The USC Student-Run Clinic**  
University of Southern California, Los Angeles, CA

Los Angeles, CA  
Dec 2013 - May 2014

**Division**

**Co-President, Pi Theta Epsilon Honor Society, Alpha Eta Chapter**  
University of Southern California, Los Angeles, CA

Los Angeles, CA  
May 2014 - May 2015

**CLINICAL SERVICE ACTIVITIES**

**January 2018 to June 2018**

- Trained residents in providing DPP group services
- Updated and maintained patient information database
- Trained residents to use patient information database
- Coordinated in-service from Internal Medicine providers to improve diabetes management care
- Coordinated quarterly meetings between Family Medicine and Occupational Therapy providers
- Collaborated with pharmacy colleagues in providing interprofessional geriatric care at Eisner Health

**August 2017 to December 2017**

- Coordinated communication between Family Medicine, Internal Medicine and Occupational Therapy providers
- Coordinated observation hours for medical students in their Engemann Student Health rotation
- Expanded OT consultation services and provision of service line in the Doctors USC of Downtown clinic
- Strengthened OT relationship with 6 primary care providers, resulting in increased rate of referral to OT
- Maintained and improved patient information database
- Attended USC Headache Multidisciplinary Team meeting
- Coordinated in-services from Internal Medicine providers to improve diabetes management care
- Developed three modules for treatment of communication and cognitive deficits
- Developed and updated marketing materials for several service lines
- Provided the college student/mental health in-service to OT fieldwork students and OTD residents
- Collaborated to initiate Diabetes Prevention Program service line and recruit participants
- Collaborated to develop mindfulness workshop materials

**SERVICE TO PROFESSIONAL ORGANIZATIONS**

**Occupational Therapy Association of California**  
OTAC-PAC Subcommittee

Los Angeles, CA  
Aug 2017 – Jan 2018

**Occupational Therapy Association of California**  
Primary Care Subcommittee

Los Angeles, CA  
Jan 2016 - present

**American Occupational Therapy Association**  
Distinct Value Health & Wellness Subcommittee

Bethesda, MD  
Aug - Dec 2015

**OTHER SERVICE**

Loyola Marymount University, Campus Ministry, Christian Life Community  
**Weekly Group and Retreat Leader**

Los Angeles, CA  
Aug 2009 - May 2011

Loyola Marymount University, Resident Housing Association  
**Chair of Publicity, Residence Hall President**

Los Angeles, CA  
Aug 2008 – Oct 2009

## SCHOLARLY ACTIVITIES

### PUBLICATIONS

Valasek, S. & Halle, A. (2018). Practicing in an established primary care setting. *OT Practice*, 23(15).

Valasek, S. & Jacobs, K. (2017). Breakfast with Grandma Ruthie: A Story for Children Learning About Dementia. [self-published]. Illustrated by Samantha Valasek.

### INVITED PRESENTATIONS

**Eisner Health Family Medicine Department** Los Angeles, CA  
“Occupational Therapy and Pharmacy Collaboration for Consultation in Primary Care” September 2018  
Invited by Karen Boston, MD

**Eisner Health Family Medicine Department** Los Angeles, CA  
“Addressing Sleep Hygiene in Primary Care” May 2018  
Invited by Karen Boston, MD

**Keck Hospital Community Funds “Healthy Aging Program” at Lincoln Heights** Los Angeles, CA  
“Sleep Hygiene” Apr 2018  
Invited by Sandra Vasquez

**2<sup>nd</sup> Annual Interprofessional Health Care Symposium** Los Angeles, CA  
“Sleep Hygiene” Jan 2018  
Invited by Bonnie J. Olson, PhD

**Loyola Marymount University Health and Human Sciences (Internship Course)** Los Angeles, CA  
Occupational Therapy Panelist Apr 2016  
Invited by Hawley Almstedt, PhD, RDN

### INTERVIEWS

**USC Chan Magazine**  
“Life, Interrupted” September 2018  
Invited by John Hobbs

**Glass Half Full Podcast**  
“Self-Advocacy and Assertive Communication” September 2018  
Invited by Natalie Barnes, OTR and Jessica Kersey, OTR

### MAJOR PUBLIC PRESENTATIONS

**OTAC Annual Conference 2018** Pasadena, CA  
“Addressing Sleep in Occupational Therapy: A 24-Hour Approach”  
Lead Presenter

**OTAC Annual Conference 2018** Pasadena, CA  
“Ergonomics: The Office and Beyond”  
Co-Presenter

**SSO Annual Conference 2018** Lexington, KY  
“Transactions Between Sleep and Occupational Engagement: Looking at Habits in Context”  
Co-Presenter

<b>Primary Health Care Research Conference 2018</b> “Occupational Therapy in Primary Care: Empowering Patients to Change Health Behaviors” Lead Presenter	Melbourne, AU
<b>AOTA Annual Conference 2018</b> “The Time Is Now: Diabetes Prevention and Management” Lead Presenter	Salt Lake City, UT
<b>AOTA Annual Conference 2018</b> “Assertive Communication and Self-Advocacy Across Patient Populations” Poster Presentation	Salt Lake City, UT
<b>OTAC Spring Symposium 2018</b> “Metacognition and Health Behavior Change: An OT Toolkit” Lead Presenter	San Diego, CA
<b>OTAC Spring Symposium 2018</b> “Addressing Sexual Health in Occupational Therapy Practice” Co-Presenter	San Diego, CA
<b>OTAC Spring Symposium 2018</b> “Assertiveness and Self Advocacy Training for Health Promotion” Co-Presenter	San Diego, CA
<b>OTAC Annual Conference 2017</b> “Therapeutic Communication Techniques that Promote Motivation and Participation in Therapy” Lead Presenter	Sacramento, CA
<b>OTAC Annual Conference 2017</b> “An OT Practitioner’s Self-Management of an Autoimmune Disease: The Synthesis of Clinical Reasoning and Lived Experience Perspectives” Poster Presentation	Philadelphia, PA
<b>AOTA Annual Conference 2017</b> “Filling the GAP: OT's Role in Interprofessional Geriatrics” Co-Presenter	Philadelphia, PA
<b>AOTA Annual Conference 2017</b> “An OT Practitioner’s Self-Management of an Autoimmune Disease: The Synthesis of Clinical Reasoning and Lived Experience Perspectives” Poster Presentation	Philadelphia, PA
<b>STFM Conference on Practice Improvement 2016</b> “Partnering with Occupational Therapy in Primary Care; Empowering Patients to Change Health Behaviors” Co-Presenter	Newport Beach, CA
<b>OTAC Annual Conference 2016</b> “Filling the GAP: OT's Role in Interprofessional Geriatrics” Co-Presenter	Pasadena, CA
<b>OTAC Annual Conference 2016</b> “Partnerships in Primary Care: Empowering Patients to Change” Co-Presenter	Pasadena, CA

## ACCEPTED FUTURE PRESENTATIONS

<b>AOTA Annual Conference 2019</b> “Ergonomics: The Office and Beyond” Co-Presenter	New Orleans, LA
<b>AOTA Annual Conference 2019</b> “Addressing Sleep in Occupational Therapy: A 24-Hour Approach” Poster Presentation	New Orleans, LA
<b>AOTA Annual Conference 2019</b> “Assertiveness and Self Advocacy Training for Health Promotion” Poster Presentation	New Orleans, LA
<b>AOTA Annual Conference 2019</b> “Sexual Health in Occupational Therapy Practice: Addressing Identity, Expression, and Function” Poster Presentation	New Orleans, LA

## TEACHING ACTIVITIES

### COURSES DEVELOPED AND/OR PRESENTED

#### University Courses

<b>OT440L: Foundations of Occupation: Kinesiology</b> Instructor	Fall 2017
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#### Continuing Education Courses

<b>Life Management Series: Occupational Therapy in Primary Care</b> Co-instructor	Dec 2018
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### GUEST LECTURES

<b>Keck School of Medicine USC Wellness Curriculum</b> “Time and Energy: Optimizing Your Personal Resources” Invited by Chantal Young, PhD	Apr 2018
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<b>OT536: Occupational Therapy in Primary Care Environments</b> “Keeping in Touch with Primary Care” Invited by Ashley Halle, OTD, OTR/L	Apr 2018
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<b>OT536: Occupational Therapy in Primary Care Environments</b> “Ergonomics in Primary Care” Invited by Ashley Halle, OTD, OTR/L	Apr 2018
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### COURSE INVOLVEMENT

<b>OT538: Current Issues in Practice: Adulthood and Aging</b> Inter-professional Geriatric Curriculum Facilitator Invited by Ashley Halle, OTD, OTR/L	Fall 2018
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<b>OT536: Occupational Therapy in Primary Care Environments</b> Clinical Observation Facilitator Invited by Ashley Halle, OTD, OTR/L	Spring 2018
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**OT540: Leadership**

Facilitator

Invited by Ashley Halle, OTD, OTR/L and Katie Jordan, OTD, OTR/L

Jan 2018

**MENTORSHIP**

**Level II Fieldwork Educator**

1 Occupational Therapy Master's Student

Summer 2018