Will your planned intervention meet the core defining characteristics of *Lifestyle Redesign* (as outlined in Pyatak et al., 2022), AND do you plan to describe it as *Lifestyle Redesign* (LR) in any public-facing materials?

- **Yes**
  - Is a member of the research team LR Certified?
    - **Yes**
      - Your research team can work independently.
    - **No**
      - Engage an LR-KMI consultant for ongoing collaboration (minimum 1 hour/month).
  - **No**
    - Are the study interveners LR Certified?
      - **Yes**
        - Engage an LR-KMI consultant for ongoing collaboration (minimum 1 hour/month).
      - **No**
        - Interveners must complete all LR certification requirements except practice hours prior to initiating intervention. An LRC (PI or other) must provide at least 1 hour/week mentorship to interveners until they become certified. In certain circumstances, this may substitute for the Mentored Practicum; contact LR-KMI for details.

- **No**
  - Will your study have sufficient statistical power to evaluate at least one endpoint pertaining to the efficacy, effectiveness, cost-effectiveness, and/or implementation of *Lifestyle Redesign*?
    - **Yes**
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        - **Yes**
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FOR ALL PROJECTS:
Any resultant manuscripts, abstracts, posters, or other products for public dissemination must be sent to LR-KMI for review and final approval before journal/conference submission or other public disclosure. If the project involves data, resources, or consultation from USC LR-KMI, consider acknowledgment and/or co-authorship as appropriate and per any existing agreements (e.g., data sharing or consulting agreements).

**Research Policies Flowchart**

**START HERE**

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Engage an LR-KMI consultant for periodic review of research progress. At a minimum, you should plan to consult at the following three project phases:
1. When developing research questions and analytic plan;
2. When reviewing and interpreting data analysis output/results; and
3. When determining how to disseminate study findings.

Version Date: 07/01/2024