The USC Lifestyle Redesign Certification is a robust training program that prepares occupational therapists to provide clinical services and conduct research using the Lifestyle Redesign intervention framework. The pathways below to become eligible for certification are designed for current USC Chan OT graduate students, licensed OT practitioners and AOTA Fellowship candidates. Please note that USC alumni and others with previous Lifestyle Redesign training or coursework can apply for special considerations (https://chan.usc.edu/lifestyleredesign/certification).



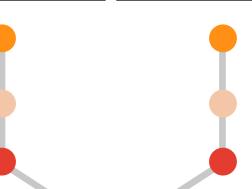
CONTINUING EDUCATION PATHWAY (for licensed OT Practitioners and AOTA Fellowship candidates)

GRADUATE CERTIFICATE PATHWAY (for current USC graduate students)

Lifestyle Redesign Core Courses 1-3 (total 46 hours)

Motivational Interviewing training offered by a MINT Member (≥12 hours)

FOUR Special Topics courses (3 hours each, 12 hours total)



OT 619 Applying Occupational Science: Lifestyle Redesign (3 units)*

OT 521 Reflective, Responsive and Engaged Professionals 2 (3 units)*

TWO of the following: OT 550, OT 551, OT 552 (2 units each)*

OT 638 Mentored Practicum in Lifestyle Redesign (2 units)*



Lifestyle Redesign practice hours[†]

Lifestyle Redesign Certification Exam



Certification in Lifestyle Redesign

Initial certification is valid for 5 years 60 hours of approved CE required every 5 years for renewal cycle

[†]250 hours for occupational therapists licensed for >2 years 500 hours for occupational therapists licensed for ≤2 years (Includes hours completed during Mentored Practicum)

^{*}Current USC OT graduate students will earn a "Foundations of Lifestyle Redesign" Graduate Certificate after completing all coursework through OT 638, with the option to complete the additional requirements to become certified.