

USC SCIENCE AND OCCUPATIONAL THERAPY OCCUPATIONAL

FALL 2012



Occupational Science Olympians

New Research Grants

Learning Labs Unveiled



USC VETERANS DAY APPRECIATION RECEPTION

FRIDAY // 09 NOV 12 // 1700 - 1900 HRS // USC RADISSON BALLROOM
ALL VETERANS, ROTC, COMMUNITY MEMBERS, FAMILIES & FRIENDS WELCOME

70
YEARS

USC Division of
Occupational Science and
Occupational Therapy

In collaboration with USC Undergraduate Student Government,
MILSWIG, Transfer and Veterans Student Programming, Center for
Innovation and Research, PSA, and Center for Academic Support.

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Cover photo: Kimberly Kelson
Illustration by Mike McNulty



Visually celebrating
70 years of Trojan
excellence with
highlights deep
from the archives

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USC Division of Occupational Science and Occupational Therapy

Ostrow School of Dentistry of USC
University of Southern California

Fall 2012 Newsletter

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USC University of
Southern California

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OFF THE WALL

Master's students (L-R) Jonathan Yim, David Park, Sharon Kim, and Julia Huang (opposite) review Medicare policy details by writing notes directly on specially coated "idea walls" in one of the newly renovated interactive classroom spaces. See more on page 8. *Photo by Kimberly Kelton*



Security
Income
Funded by tax revenue - NOT S
helps aged, blind & disabled
provides cash for basic needs (clothing)
to be stable
limited resources & skills
US citizens, national
cannot be absent
for more than a month
Individuals/child with more than \$2,000
Couples with more than \$3,000 in as

70 YEARS AGO

occupational
therapy was
introduced



at the University of Southern California. 1942 was certainly a year to remember in American history: *Casablanca* opened in cinemas and would become an all-time film classic, Bing Crosby's "White Christmas" topped the record charts at year's end, and America entered the darkest years of the Second World War. And in anticipation of the wave of injured military servicemen coming back home, USC opened its doors to quickly train dozens of young women in occupational therapy.

Nobody then could have imagined how, in the seven decades since, USC would grow to become an undisputed international leader in occupational therapy and occupational science research, education, professional service, and patient care. Since 1942, thousands of Trojan practitioners, educators, and researchers have applied their clinical and scientific expertise gained at USC across the nation and throughout the world. But most importantly, thanks to the undying commitment and passion of Trojan occupational scientists and occupational therapists, hundreds of thousands of people have been better able to live life to its fullest — no matter what injury, illness, disability, or condition stands in the way.

For 70 years, USC has been *creating leaders*: 4 Trojans have been elected President of the American Occupational Therapy Association, 15 Trojans have received the Eleanor Clarke Slagle Award, our profession's highest honor, and 3 Trojans have been elected President of the Occupational Therapy Association of California.

For 70 years, USC has been *shaping the profession*: USC inaugurated the first occupational therapy post-professional Master's degree, conducted the first large-scale occupational therapy research to be published in the prestigious *Journal of the American Medical Association*, and created the world's first PhD research degree in Occupational Science to establish a scientific evidence base to substantiate clinical practices.

For 70 years, USC has been *building better lives*: the theory and practice of Sensory Integration was established at USC and we continue to protect its heritage and research its utility, the Lifestyle Redesign® intervention approach is specifically designed to promote wellness and prevent and manage illnesses, and today our clinical faculty provide comprehensive care to patients at the Keck Medical Center of USC and the Occupational Therapy Faculty Practice.

Nobody knows what the coming 70 years will hold for USC, for our professions, or for our world. However, what I am certain of is that the Trojan Family, united by our common mission of leadership, innovation, and service, will continue to make an impact for the better.

Florence Clark, PhD, OTR/L, FAOTA
Associate Dean and Professor

CLARK GETS CLOSE LOOK AT NATION'S DEFENSE SYSTEMS

Associate dean and professor Florence Clark was chosen from hundreds of nominees to attend the Department of Defense's Joint Civilian Orientation Conference. In late July, Clark joined other leaders from industry, media, entertainment, health care, nonprofit and public sectors, as well as academia, to get a firsthand look at the inner workings of operations across all five branches of the military.

Sponsored by the U.S. Secretary of Defense, the conference is a program for public opinion leaders who are interested in expanding their knowledge of the military and national defense issues. The leaders, in return, share the knowledge and experiences with their professional and personal networks. The oldest such outreach program of its kind, the Department of Defense has organized 84 renditions of the event since 1948.

Read all about Dr. Clark's whirlwind week, which included tours of military facilities across the country, meetings with top Pentagon brass, and simulations of various demands of military life, online at

<http://news.usc.edu/40749/>

1 Florence Clark (right) listens with Roger Lowe (center), senior vice president of communications at the American Red Cross, as Chief Air Traffic Controller Gavril Brooks (left) explains shipboard operations on the deck of the USS Makin Island amphibious assault ship during the Department of Defense's Joint Civilian Orientation Conference



Photos by Glenn Fawcett, U.S. Department of Defense



occupational olympians



Photo by Dominic Ebenbichler
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Haley Anderson

Swimming (10km Marathon, Silver Medal)
Class of 2013

London 2012



Three current and former USC Occupational Science Minor students competed at the 2012 Summer Olympic Games in London. Long-distance swimmer and current USC senior Haley Anderson won the Silver Medal in the 10km marathon swim. Graduate Kami Craig won the Gold Medal as a member of the American women's water polo team. Graduate Duane Solomon finished just outside the podium in the 800 meter track event. Congratulations to these outstanding Trojan Olympians!



Photo by Sergio Moraes
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Photo by Lucy Nicholson
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Kami Craig

Women's Water Polo (Gold Medal)
Class of 2010

Duane Solomon

Athletics (800m, 4th overall)
Class of 2008

Did You Know?

- USC has produced more Olympians, Olympic medalists, and Olympic gold medalists than any other U.S. university
- Trojan Olympians have won at least 1 gold in every summer Olympics since 1912
- If USC competed as a country, its 287 total medals would rank 17th among all countries

At the Division





NEW LEARNING LABS OPEN

The Division recently concluded a renovation project which reconfigured existing classrooms into integrated learning spaces, including a tech-infused group-based classroom, a state-of-the-art ergonomics rehabilitation lab, and an innovative multi-purpose pediatric learning lab, seen here.

About the renovations, Division senior computer consultant and renovation project manager John Wolcott emphasized the intent to “provide the best possible learning environment for students” with an emphasis on facilitating interactive learning experiences and interdisciplinary collaboration. The Division is sincerely grateful for the Annual Fund gifts received since 2009 that were directed toward making these new spaces possible.

Ricky Gutierrez/Photo by Kimberly Kelton

Adjunct assistant professor of clinical occupational therapy Bonnie Nakasuji (right) explains how to position patients for facilitating flexion patterns against gravity during the Pediatric Immersion course in the Division's newly renovated pediatric learning space.



MALLINSON GRANT TO STUDY SELF-REPORTED VERSUS OBSERVED PERFORMANCE OF VISUAL FUNCTION

Assistant professor Trudy Mallinson, PhD, OTR/L, NZROT was recently awarded a research grant as principal investigator for her project “Examining the Relationship Between Clinician-Observed and Patient Self-Reported Visual Function in Everyday Activities.” The \$313,000 one-year grant sponsored by Genentech, Inc. will investigate the relationship between scores on two patient self-reported outcomes measures, the Functional Reading Independence Index and the National Eye Institute Visual Function Scale, and a measure of observed functional performance, the Assessment of Motor and Process Skills, in patients with progressive visual loss.

This study will determine the extent to which self-reported measures and observed performance measures provide comparable information about patient functional status. Because vision loss is insidious, patients may make multiple accommodations in the performance of everyday activities in order to adapt to altered vision, without being fully aware of the impact of such changes on day-to-day task performance.

www.usc.edu/ot/research/active/visual-function

AZIZ-ZADEH GRANT WILL EXAMINE MIRROR NEURON SYSTEM ACTIVATION FOR STROKE REHABILITATION POTENTIAL

Assistant professor Lisa Aziz-Zadeh, PhD was awarded a \$200,000 grant from The Dana Foundation as principal investigator for her research study “Modulating Motor Behavior by Action Observation and Imitation: Implications for Stroke Rehabilitation.” The aim of the three-year grant is to use MRI and fMRI imaging to examine whether, and how best, the mirror neuron system (MNS) can be activated following stroke to optimally tailor stroke rehabilitation for individual patients. Investigators will determine how cortical motor regions in stroke patients respond to action observation versus imitation, how the location and extent of the lesion affect these neural responses, and how neural activation patterns during action observation and imitation, as well as structural information about lesion location, correlate with functional motor ability.

Findings from the study hope to identify the most effective method for activating motor-related regions in the brain after stroke, how these patterns are influenced by the underlying neural anatomy, and whether certain indicators can predict which patients will benefit the most from specific types of MNS-based therapy.

www.usc.edu/ot/research/active/motor-behavior



ROLL GRANT TO USE IMAGING TECHNIQUES FOR IDENTIFYING MARKERS OF MALE CHRONIC PELVIC PAIN

Assistant professor Shawn C. Roll, PhD, OTR/L, CWCE recently received a \$30,000 grant from the USC Keck School of Medicine-Southern California Clinical Translational Science Institute (SC CTSI) for his research project “Integrating Electromyography and Sonographic Imaging for Evidence-Based Physical Therapy for Chronic Pelvic Pain.” The one-year study aims to identify a set of neuromuscular biomarkers for Chronic Prostatitis/Chronic Pelvic Pain Syndrome (CP/CPPS) patients using sonographic imaging and EMG recording, and to determine the ability of neuromuscular biomarkers to enhance current clinical phenotyping.

CP/CPPS is the most frequent urological diagnosis for men younger than 50 years old and significantly reduces quality of life. While physical therapy has emerged as one primary treatment for CP/CPPS, up to 41% of patients report little to no improvement or a worsening of symptoms after physical therapy treatment, and there is currently no method for stratifying patients to ensure appropriate treatments are being provided.

www.usc.edu/ot/research/active/cpps



Dr. Moshayedi (right) with former USC and NFL quarterback Rodney Peete (left) at the 2012 Occupational Science Symposium

DR. MOSHAYEDI JOINS BOARD OF COUNCILORS

Semira Moshayedi, M.D., DAAFP has joined the Division's Board of Councilors. Dr. Moshayedi practices Family Medicine at St. Joseph Hospital of Orange, Chapman Medical Center, and Western Medical Center Santa Ana.

Dr. Moshayedi was educated at the Complutense University of Madrid School of Medicine, the highest-ranked university in Spain, and completed her graduate medical education at the University of California, Irvine. Her current Family Medicine practice includes emphases in Preventive Care, Women's Health, and Pediatrics. She is board certified in Family Medicine and is a Diplomat of the American Academy of Family Physicians. A respected clinician and philanthropist, Dr. Moshayedi is passionate about the provision of quality health care and what occupational science and occupational therapy have to offer individuals and society.

The Board of Councilors is composed of distinguished professional, academic, and community leaders who provide counsel to the Associate Dean on matters related to the educational, research, and development aims of the Division. Appointed by the University President, members maintain an active role in advocating for the Division to their community and professional networks and securing financial and volunteer support.

RICE ELECTED AS OTAC REGION 2 DIRECTOR

Assistant professor of clinical occupational therapy Chantelle Rice, OTD, OTR/L was recently elected Region 2 Director of the Occupational Therapy Association of California. In the interim before assuming the position, she will be serving as Director-Elect behind current Region 2 Director Sarah Bream, OTD, OTR/L who is also an assistant professor of clinical occupational therapy at USC. Rice primarily works with Lifestyle Redesign® Diabetes Management clients at the USC Occupational Therapy Faculty Practice. OTAC Region 2 includes all of Los Angeles County.



2012-13 TREET POSTDOC FELLOWS SELECTED

The latest cohort of fellows has been selected for the TREET: Training in Rehabilitation Efficacy and Effectiveness Trials T32 postdoctoral program, housed at the USC Division of Occupational Science and Occupational Therapy and the USC Division of Biokinesiology and Physical Therapy.

Rachel Proffitt, OTD, OTR/L (left) has five years of research experience studying the use of games, virtual reality, and other technologies in rehabilitation. She was most recently a clinical researcher at Blue Marble Game Company and a clinical research associate at the USC Institute for Creative Technologies. Through her TREET postdoctoral training, Dr. Proffitt intends to further her research on the feasibility of game-based training for stroke rehabilitation. She also practices at Casa Colina Centers for Rehabilitation in Pomona, CA.

Susan Duff, EdD, PT, OT, CHT (right) is a physical therapist, occupational therapist, and certified hand therapist who was most recently associate professor at Thomas Jefferson University's Department of Physical Therapy, with secondary appointments in the Departments of Occupational Therapy and Neuroscience. Dr. Duff is an experienced clinician and recognized as a pediatric upper extremity specialist, having served as clinical specialist at The Children's Hospital of Philadelphia and Shriners Hospital for Children. Her primary research interest is in the use of technology and innovative strategies to enhance muscle activation and muscle control in infants and young children at risk for prehensile dysfunction. <http://treet.usc.edu>



Proffitt (left) and Duff (right)

AMBER BENNETT, OTS

Master's Program Student

HOMETOWN

San Jose, California

CURRENT CITY

Los Angeles, California

UNDERGRADUATE EDUCATION

San Jose State University
BS, Recreation & Leisure Studies

PRACTICE AREA INTERESTS

Adult Physical Rehabilitation
Geriatrics

FAVORITE USC CLASSES

All of them!

MEANINGFUL OCCUPATIONS

Traveling
Playing the piano
Spending time with friends and family

“Last year, I moved from the San Francisco Bay Area to Los Angeles to join the occupational therapy program at USC. After I earned my undergraduate degree from San Jose State University in Recreation and Leisure Studies, I spent several years traveling around the world, working in 38 states and 7 countries as a corporate event manager, planning major client conferences and entertainment events.

The moment I learned about occupational therapy two years ago, I decided to return to school for a career change. This profession will allow me to help people every day and feel good about making a difference in people's lives. When it was time to select a university, in my mind there was only one choice. USC is simply the best program in the country, and I am thrilled to spend every day among the brightest minds in the profession.

Currently I am a second year student taking courses in the adult physical rehabilitation and

geriatrics practice immersion courses. I serve as Co-Chair of the Occupational Therapy and Science Council and represent occupational therapy on the Eric Cohen Student Health Center Steering Committee. I am a member of the American Occupational Therapy Association, the Occupational Therapy Association of California, and the Pi Theta Epsilon occupational therapy honor society.

My favorite occupations are traveling, attending concerts and events, playing the piano, and spending time with friends and family. After graduation, I hope to work with older adults and further explore the many areas in which occupational therapists practice.”



Photos by Kimberly Kelton

“I discovered the world of Occupational Therapy during my junior year of undergraduate studies at Cal Poly, San Luis Obispo. I was studying kinesiology at the time and considered a future in physical therapy when I had the opportunity to work as a caregiver for a child with a neuromuscular disorder. While working with him, I would take him to his occupational therapy and physical therapy appointments and it was very apparent that the OT treatments benefited him and improved his quality of life and self-esteem.

I soon discovered that Occupational Therapy holds many of the characteristics which I wanted in my future profession. I see the value in staying active in all

avenues of life and the influence that this balance can have on the whole health of an individual. To me, OT is the perfect way to combine my academic interests, give back to others, and also enter a profession that supports lifelong learning.

Each of my four siblings is a UCLA alum, so you can only imagine what I heard when I told them that I would soon be a Trojan! But I am so proud to be at USC where the focus is placed on quality education complemented by practical skills application and an emphasis on the importance of legislative and professional advocacy. I think that such characteristics are imperative to empowering the success of students and the professional relationships which result between students and faculty. I feel empowered and have a newly fueled enthusiasm for the profession, and as we near the end of our program here at USC, I look forward to discovering what lies ahead!”

PAULA DREIFUERST, OTS
Master's Program Student

HOMETOWN
Livermore, California

CURRENT CITY
Los Angeles, California

UNDERGRADUATE EDUCATION
Cal Poly, San Luis Obispo
BS, Kinesiology

PRACTICE AREA INTERESTS
Pediatric physical disabilities
with a focus on oncology and
neurological-based dysfunction

FAVORITE USC CLASSES
Neurology, Pediatrics, Physical
Rehabilitation, Quantitative
Research

MEANINGFUL OCCUPATIONS
Swimming, hiking, spending
time with friends and family,
exploring new places, going to
the beach and being outdoors





Lisa Aziz-Zadeh co-authored “The Mirror Neuron System: Innovations and Implications for Occupational Therapy” in *OTJR: Occupation, Participation and Health*. The article reviews recent research on the mirror neuron system, highlights features relevant to clinical occupational therapy practice, and discusses potential uses of the MNS in motor rehabilitation. Occupational Science doctoral students Sook-Lei Liew (PhD ’12, MA ’08) and Julie Werner (MA ’08) were article co-authors.

www.otjronline.com

doi:10.3928/15394492-20111209-01



Erna Blanche was a guest editor of the September/October 2012 issue of the *American Journal of Occupational Therapy*. She co-authored the issue’s

editorial “Emerging as Leaders in Autism Research and Practice: Using the Data-Driven Intervention Process.”

ajot.aotapress.net

Erna Blanche and **Florence Clark** co-authored “Autonomic and Behavioral Responses of Children with Autism to Auditory Stimuli” in the *American Journal of Occupational Therapy*. The article examines whether children with and without autism spectrum disorder differ in autonomic activity at rest and in response to auditory stimuli, and whether behavioral problems are associated with autonomic responses to auditory stimuli.

ajot.aotapress.net

doi:10.5014/ajot.2012.004242

Erna Blanche co-authored the brief report “Proprioceptive Processing Difficulties Among Children with Autism Spectrum Disorders and Developmental Disabilities” in the *American Journal of Occupational Therapy*. TREET rehabilitation science postdoctoral fellow Stefanie Bodison (OTD ’10, MA ’93, BS ’92) was also a co-author.

ajot.aotapress.net

doi:10.5014/ajot.2012.004234



Erna Blanche was the lead author of the “Sensory Functions — General” chapter in the recently published textbook *Measures for Children with Developmental Disabilities: An ICF-CY Approach*, edited by Annette Majnemer and published by London’s Mac Keith Press.

Sharon Cermak co-authored “Oral Care Experiences and Challenges in Children with Autism Spectrum Disorders” in a forthcoming issue of *Pediatric Dentistry*. Cermak is the principal investigator of the Sensory Adapted Dental Environments research program, funded by the NIH/National Institute of Dental and Craniofacial Research. Occupational Science PhD student Leah Stein (MA ’06) was a co-author. Cermak and Stein also co-authored the brief report “Oral Care and Sensory Concerns in Autism” in the *American Journal of Occupational Therapy*.

www.aapd.org/publications

ajot.aotapress.net

doi:10.5014/ajot.2012.004085



Natalie Leland was the lead author of “Decision Making and Outcomes of a Hospice Patient Hospitalized with a Hip Fracture” published in the *Journal of Pain and Symptom Management*. The authors used an observational cohort design from 1999 to 2007 of Medicare hospice beneficiaries ≥75 years of age with incident hip fracture who did and who did not have surgical fracture repair. Main outcomes included trends in the proportion of those undergoing surgery, the site of death, and six-month survival.

www.jpainjournal.com

doi:10.1016/j.jpainsymman.2011.09.011



Natalie Leland was the lead author of “Falls Among Newly Admitted Nursing Home Residents: A National Study” published in the *Journal of the American Geriatrics Society*. Leland and colleagues from Brown University analyzed all first-time Medicare and Medicaid patients admitted to a nursing home in

2006. Among more than 230,000 patients in nearly 10,000 nursing homes across the country, they found that 21% of newly admitted nursing home residents sustained at least one fall during their first 30 days in the facility. The nationwide study is believed to be the first of its kind to specifically analyze fall rates among newly admitted nursing home residents.

www.americangeriatrics.org

doi:10.1111/j.1532-5415.2012.03931.x



Trudy Mallinson co-authored “A Preliminary Report of Musculoskeletal Dysfunction in Female Chronic Pelvic Pain: A Blinded Study of Examination Findings” in the *Journal of Bodywork and Movement Therapies*. The study investigated whether women who self-report chronic pelvic pain can otherwise be identified by abnormal findings on musculoskeletal examination.

www.bodyworkmovementtherapies.com

doi:10.1016/j.jbmt.2011.06.002



Trudy Mallinson, in collaboration with a colleague from the Rehabilitation Institute of Chicago Women’s Health Rehabilitation Program, published “The Association Between Pelvic Girdle Pain and Pelvic Floor Muscle Function in Pregnancy” in the *International Urogynecology Journal*. The study aimed to determine pelvic floor muscle function in second trimester women with and without pelvic girdle pain.

www.iuga.org/journal

doi:10.1007/s00192-011-1658-y



Trudy Mallinson co-authored “The Association Between Pelvic Girdle Pain and Urinary Incontinence Among Pregnant Women in the Second Trimester” in the *International Journal of Gynecology & Obstetrics*. The study examined associations among pelvic girdle pain, urinary incontinence, and pelvic floor muscle function in pregnant women in the second trimester.



www.ijgo.org
Susan McNulty published “Lifestyle Redesign: A Successful Tool for Pain Management” in *painview*, the newsletter of The American

Society of Pain Educators, to explain the aims of the Lifestyle Redesign® approach in pain management to “redesign” the daily habits and routines of individuals living with pain in order to enhance their well-being and quality of life.
www.paineducators.org



William Morgan authored “Broad Internalism, Deep Conventions, Moral Entrepreneurs, and Sport” in the *Journal of the Philosophy of Sport*. In the essay Morgan evaluates various normative

accounts of sport, compares internalists’ positions with Lewisian ‘coordinating’ conventions, distinguishes coordinating from deep conventions, and argues for the normative salience and normative superiority of deep conventions.

iaps.net/journal
doi:10.1080/00948705.2012.675069



William Morgan authored “The Academic Reform of Intercollegiate Athletics: The Good, The Problematic, and the Truly Worrisome” in the *Journal of Intercollegiate Sport*. Mor-

gan highlights positive effects of academic reform efforts (“the good”), addresses concerns about others (“the problematic”), and assesses the strong association between academic reform efforts and the revenue streams in collegiate men’s basketball and football (“the truly worrisome”).
journals.humankinetics.com/ijis

William Morgan authored “Agent Internalism, Practice Internalism, and Sport” published in *In Praise of Harmony: A Festschrift for Robert Osterhout*. A *Festschrift* is a type of publication honoring a respected scholar’s lifetime academic accomplishment. Osterhout is widely considered a seminal figure in the scholarly study of the philosophy of sport.



Shawn C. Roll served as guest editor of a recent special edition of *WORK: A Journal of Prevention, Assessment & Rehabilitation*, entitled “Injuries and

Prevention in Health Care Providers.”

In the same issue, Roll was the lead author of “An Analysis of Occupational Factors Related to Shoulder Discomfort in Diagnostic Medical Sonographers and Vascular Technologists.” The study surveyed diagnostic medical sonographers and vascular technologists to analyze salient factors of job-related shoulder discomfort.

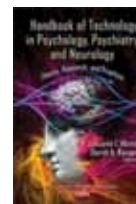
www.iospress.nl/journal/work
doi:10.3233/WOR-2012-1439
doi:10.3233/WOR-2012-143



Olga Solomon authored “Doing, Being, and Becoming: The Sociality of Children with Autism in Activities with Therapy Dogs and Other People” published in *Cambridge*

Anthology. Solomon examines theories of sociality against ethnographically informed understandings of the sociality of children affected by Autism Spectrum Disorders interacting with therapy dogs and other people.


journals.berghahnbooks.com/ca
doi:10.3167/ca.2012.300110



Olga Solomon authored the chapter “The Uses of Technology for and with Children with Autism Spectrum Disorders” published in the *Handbook of Technology in Psychology, Psychiatry, and Neurology: Theory, Research, and Practice*.

www.novapublishers.com

Cheryl Vigen co-authored “Reliability and Validity of the McDonald Play Inventory” in the *American Journal of Occupational Therapy*. The McDonald Play Inventory is a two-part self-report instrument which measures play activities and play styles of children ages 7 to 11 years old.
ajot.aotapress.net
doi:10.5014/ajot.2012.002493



Celebrating seven decades
of creating leaders,
shaping the profession,
and building better lives
with a visual history of
USC Occupational Therapy.

CELEBRATING

70

YEARS

O F U S C
OCCUPATIONAL
T H E R A P Y



Occupational Therapy was born at the University of Southern California in 1942 under President Rufus B. von KleinSmid, and in the seven decades since has grown to become an international leader in education, research, professional service, and patient care. With the 2010 appointment of President C.L. Max Nikias, Trojan Occupational Therapy has now been witness to seven USC Presidents.

Trojans have a long tradition of advocating on behalf of the profession. Below, student Joy Sorlie poses with her neuroanatomy textbook for an article published in the September 18, 1953 edition of the Bennettsville (South Carolina) Herald-Advocate newspaper, praising the promises of a career in occupational therapy.

At right, an unidentified therapist dressed in uniform typical of the mid-century poses with a campus parking sign. Even then, it seems, parking in Los Angeles was a valuable commodity.

At opposite, a young man works from his wheelchair at the weaving loom under the watchful eye of an unidentified therapist.

AN EXCITING NEW CAREER



Joy Sorlie looks relaxed and comfortable, but she's not reading a pocket thriller. She is studying an occupational therapy textbook called, "Cerebral Neuromotor."

Occupational Therapy Offers Young People Much Variety and a Great Chance for Helping Others

In the dynamic world of advancing science, advancing industry and advancing medicine, one of the most interesting professional developments has been the variety of new and important careers offered to young men and women. These careers have grown directly out of the needs of the times, like the one embarked on by Joy Sorlie, a young woman at Southern California, who, reported in the current issue of *Parent Magazine*.

New-Old Profession

Joy, now a senior at the University, is thinking to be an occupational therapist, one of the most exciting and needed of the new professions. "New" is somewhat of a misnomer. It is really one of the oldest professions in the world—the science of helping both physically and mentally handicapped persons by teaching them to help themselves. But modern recognition of the sound psychological principles underlying life handicaps, as well as the great demand for occupational therapists, has given it new formal recognition as an important part of the medical rehabilitation team. Local occupational therapy groups are active all over the country, advising young people to get matched to this career.

Joy's work will be to show her patients how they may help themselves by "doing" a great

variety of things, she must necessarily become a "jill of many trades," though not necessarily a master of any. In her course at school, she familiarized herself not only with anatomy and physiology and activities of daily living, but with modern dancing, wood working, pottery making, leather binding and other handicrafts, as well as a knowledge of psychology and the field of psychiatry.

Clinical Training

Much of these techniques Joy has learned in her formal school courses. Others must come through experience, through actual working with patients. Therefore, at the completion of her college course and before becoming a registered occupational therapist, Joy will have also to twelve months clinical training in a hospital or rehabilitation center.

Though the underlying principle is simple, the value of doing a thing for its own sake, Joy will wherever necessary learn professional skills which her patients may subsequently use to earn a living. For this reason, Joy must have a professional knowledge of those arts and handicrafts.

But it must be remembered that Joy will be primarily a member of the medical team, which today in-

cludes a number of auxiliary services in addition to doctors and nurses. The occupational therapist works with the doctor and by his prescription. In order to do this, Joy must know at each step what her physically or mentally handicapped patient is able to do, both at the start of treatment and during the course of recovery.

Occupational therapists must also know what specific bones, muscles, tendons and organs are called into use, and in what manner, in order to perform every single bodily movement. Joy studies these skeletal movements in a new science called kinesiology with the aid of Oscar, the clay skeleton.

On Her Own

When Joy has completed her clinical training period and passed her examinations to become a registered occupational therapist, she will be assigned patients and be on her own. One patient may need treatment for polio, another for heart disease or cerebral palsy, another for war wounds. Perhaps he will be willing just to be there, feeling sorry for himself.

Then begins Joy's first and often toughest job—win his confidence and respect and make him want to do things with his hands and legs and his mind. For this is the road to health through occupational therapy.



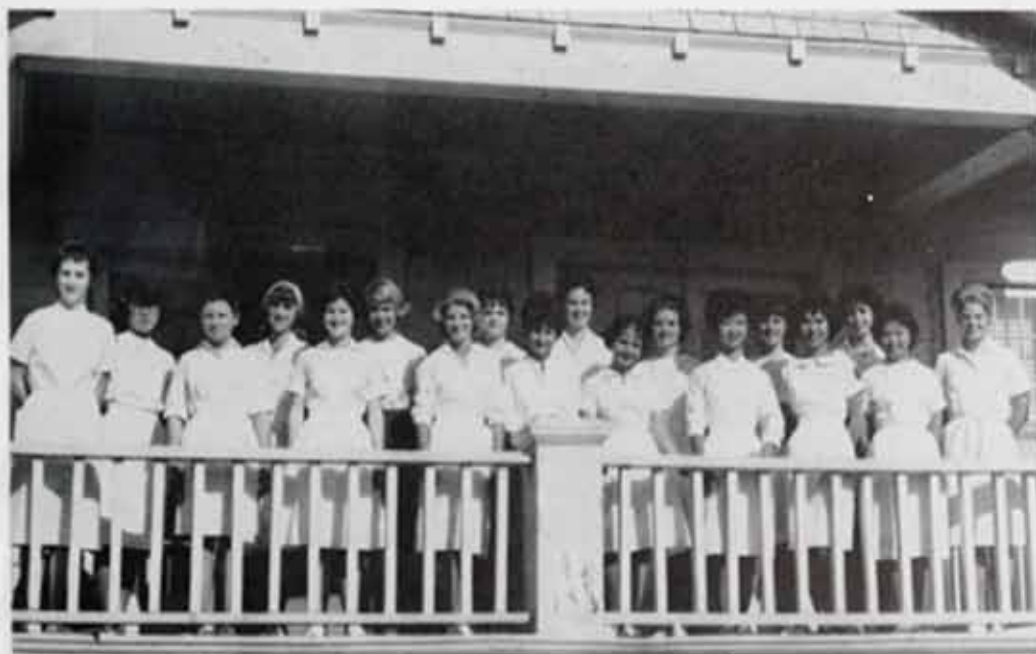




Miss Harriett Zlotchlova, Chairman of the Department of Occupational Therapy.

Occupational Therapy Retrains Handicapped

The Department of Occupational Therapy offers extensive training in rehabilitation of physically handicapped people. The program enables graduates to teach the handicapped to conduct normal activities of daily living, plus developing skills which will enable the disabled to return to productive employment. Part of the department's training program is a nine month's internship in selected hospitals to satisfy the requirements of the American Medical Association.



The members of the Occupational Therapy Club include the following: Row 1: (l-r) Betty Hanson, Linda Landon, Jill Ginder, Anita Jones, social chairman, Jackie Kern, Mary Lou Mayfield, Mary Okunaka, treasurer, Cecily Ho, Jeannette Tse and Mary Barton. Row 2: Jean Alcock, secretary, Annette Coppen, Kris Swanson, Kate Aldrich, Susan Miliken, Judy Dyer, Maria Meissen, publicity, and Mary Lou Aufhäuser.

Occupational Therapy Club

The Occupational Therapy Club of USC was established 19 years ago through the desire for additional information on the field of occupational therapy. The current emphasis of the organization lies in maintaining contact with graduates in the field, fostering social activities among the members and with related groups, and furthering occupational therapy on campus. The 35 active members were constantly busy with their annual events including the Big Little Sister Barbecue, the Alumni Reunion, the Christmas Party, Open House, and Senior Banquet.

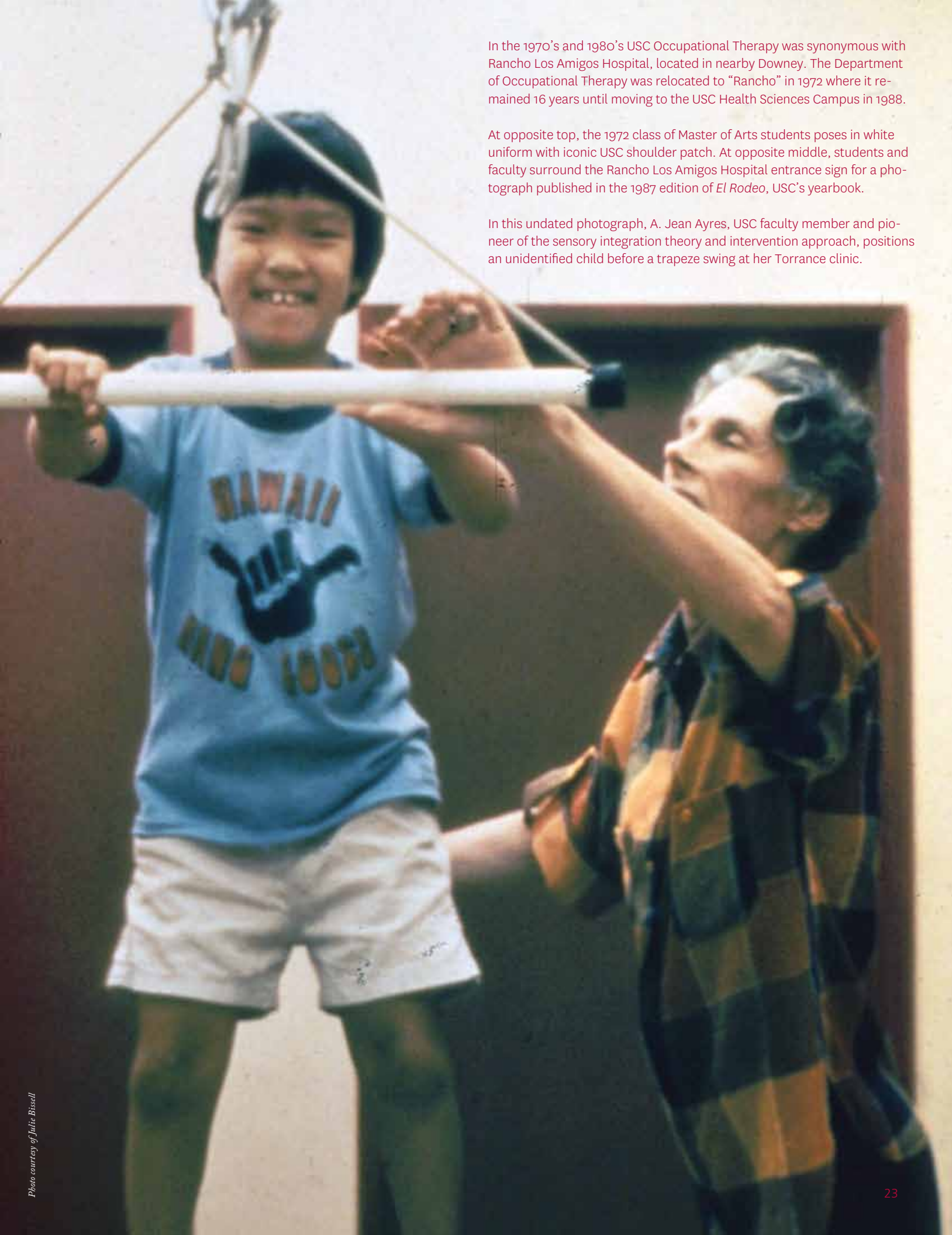


At opposite, the 1964 edition of *El Rodeo*, USC's yearbook, features Department Chair Harriet Zlatohlavek and the Occupational Therapy Club.

At left, students educate their fellow Trojans about occupational therapy, including a demonstration of potential uses for an adapted spoon, at the 1969 "OT Fair" in Alumni Park on the University Park Campus.

Below, unidentified students pause from their arts and crafts projects to smile for a 1962 photograph.





In the 1970's and 1980's USC Occupational Therapy was synonymous with Rancho Los Amigos Hospital, located in nearby Downey. The Department of Occupational Therapy was relocated to "Rancho" in 1972 where it remained 16 years until moving to the USC Health Sciences Campus in 1988.

At opposite top, the 1972 class of Master of Arts students poses in white uniform with iconic USC shoulder patch. At opposite middle, students and faculty surround the Rancho Los Amigos Hospital entrance sign for a photograph published in the 1987 edition of *El Rodeo*, USC's yearbook.

In this undated photograph, A. Jean Ayres, USC faculty member and pioneer of the sensory integration theory and intervention approach, positions an unidentified child before a trapeze swing at her Torrance clinic.

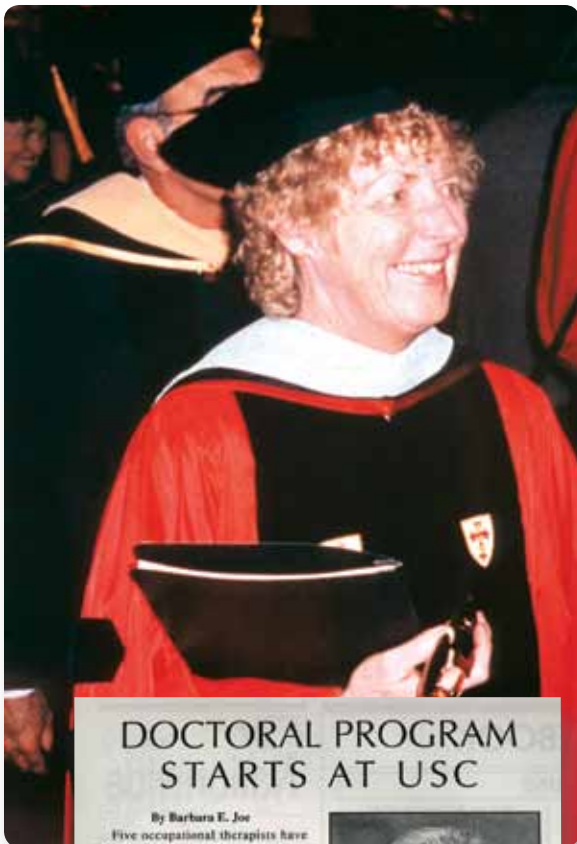
The past two decades at USC can be characterized by constant expansion driven by visionary leadership. At right, the first class graduates from the newly established Occupational Therapy Doctorate clinical degree program at the 2002 Commencement.



At middle left, Dr. Elizabeth Yerxa is widely credited with leading the formation of the Occupational Science discipline and its corresponding PhD degree program as Department Chair during the 1980's. At middle right, the first Occupational Science PhD graduate Sheama Krishnagiri (right) with her dissertation advisor Dr. Ruth Zemke (left).

Below left, Florence Clark is named Department Chair in 1988 and under her leadership USC significantly increased federal grant funding for research and educational programs.

The first Occupational Science Symposium was hosted in 1988 to celebrate the new discipline. Below right, among the 23 renditions of the Symposium since, the 1990 event was highlighted by a keynote lecture from world-renowned cosmologist, physicist, and author Stephen Hawking.



DOCTORAL PROGRAM STARTS AT USC

By Barbara E. Joe

Five occupational therapists have already been accepted for the PhD program in Occupational Science beginning this fall at the University of Southern California's (USC) School of Occupational Therapy. It will be the third OT-focused doctoral program in the nation.

Florence Clark, Chair of Occupational Therapy at USC, says she is very excited about the program, which "addresses the human as an occupational being, with a focus on the study of occupation." She defines occupation as the chunks of daily activities orchestrated through time in the course of a day, such as "fishing, grooming, or working at a computer."

Dr. Clark credits her predecessor, Dr. Elizabeth Yerxa, with initiating the idea of the USC doctoral program. That idea, she says, involved developing a new academic discipline with roots in occupational therapy and other social sciences that would focus on the study of occupation. Dr. Clark, who spent 13 years as a member of USC's occupational therapy faculty, worked with Dr. Yerxa in founding the new discipline and new doctoral program and stresses that "many others were involved as well."



Florence Clark
PhD, OTR, FAOTA

The USC doctoral program will be the third OT-focused PhD program in the United States.

this year's National AOTA Conference as an example of the range of subject matter



STEPHEN HAWKING WILL BE KEYNOTE SPEAKER AT USC OCCUPATIONAL SCIENCE SYMPOSIUM

"Occupational Science Symposium III: The Ecology of Occupation" will feature Dr. Stephen Hawking, internationally renowned theoretical physicist, as keynote speaker.

This third in a series of five annual symposia on occupational science is offered by the University of Southern California's (USC) Department of Occupational Therapy, through the sponsorship of the Department of Health and Human Services (DHHS) Division of Maternal and Child Health.

Dr. Hawking holds Sir Isaac Newton's former chair as Lucasian Professor of Mathematics at Cambridge University and was made a Companion of Honour by the Queen of England. He is one of a number of scientists searching for a grand unification theory of the universe. Many of his peers regard him as a modern day Einstein.

Hawking's book, "A Brief History of Time" is a New York Times Bestseller and is currently being made into a 90-minute nonfiction film produced by Steven Spielberg's Amblin Entertainment.

For the past 27 years, Dr. Hawking has lived with amyotrophic lateral sclerosis and has ingeniously orchestrated resources to fulfill his role as scientist, author, and popular lecturer.

Dr. Hawking's presentation at the symposium will center around the topic of "Time, Occupation, and Disability." Six additional 30-minute papers relating occupation to art, politics, geography and travel will be presented. The symposium will provide a unique interdisciplinary perspective on ecology and occupational science.

The symposium will be held June 4, 1990 at the Norris Theater, USC University Park Campus, in Los Angeles. A luncheon will feature the Third Annual Wilma West Lecture to be given by Ann Henderson, Ph.D., OTR. For more information, contact Carolyn Seyder, MHS, OTR, at USC OT Department, (213) 224-5494.



Above left, the Center for Occupation and Lifestyle Redesign® is opened in 1999 as the world's first center dedicated to the study of how everyday activities shape human health and well-being. Above right, in 2006 the Department was renamed the Division of Occupational Science and Occupational Therapy and administratively moved to its new and current home at the Ostrow School of Dentistry of USC.

70 years after its inception, USC is ranked by *U.S. News & World Report* as the nation's #1 occupational therapy graduate educational program.

Dr. Katie Jordan, right, Associate Chair of Occupational Therapy Clinical Services, confers with Dr. Camille Dieterle, left, Director of the USC Occupational Therapy Faculty Practice.



All in the Family

Arameh Anvarizadeh (OTD '07, MA '06, BS '05), OTR/L and Heather Thomas, PhD, (MA '98), OTR/L were elected California's representatives to the AOTA Representative Assembly.

Student-written, faculty-reviewed **Critically Appraised Topics (CATs)** are available now on the Division's website. CATs are brief, timely reviews of the best quality research pertaining to a particular clinical question. To view the CATs developed by USC occupational therapy graduate students, visit ot.usc.edu/research/student-research

Associate chair of occupational therapy clinical services at the Keck Medical Center of USC and the USC Occupational Therapy Faculty Practice **Katie Jordan** (OTD '04, MA '03), OTR/L was recently appointed to an American Medical Association committee associated with the Common Procedure Terminology (CPT). Dr. Jordan will work with alumna **Mary Foto** (BS '66), OT, CCM, FAOTA, who is the current AOTA advisor to the Relative Value Update Committee on the Health Care Professionals Advisory Committee

Review Board, to offer relative value recommendations for CPT codes on behalf of non-physician health professionals.

The Division has begun offering an undergraduate course on medical terminology. **OT 200, Medical Terminology for Health Professions** has already met its maximum enrollment as a result of high demand from students. The class was developed in response to the Division's recent addition of a medical terminology course as a prerequisite for admission to the entry-level professional program.

Division Board of Councilors member **Shawn Phipps**, PhD, MS, (BS '97), OTR/L, FAOTA was named speaker for the Occupational Therapy Association of California's 11th Annual Afternoon Tea with a Scholar. Dr. Phipps' lecture "Predicting the Effects of Cerebral Palsy Severity on Self-Care, Mobility, and Social Function" was delivered at the USC Center for Occupation and Lifestyle Redesign®.

Professor **Sharon Cermak**, EdD, OTR/L, FAOTA was recognized by Boston

University's Sargent College with a Distinguished Alumni Award. Professor **Mary Lawlor**, ScD, OTR/L, FAOTA was named a Distinguished Lecturer by the Department of Occupational Therapy at the University of Illinois at Chicago. Assistant professor **Barbara Thompson**, PhD received a Department of Defense Autism Research Program Idea Award.

Congratulations to the recipients of 2012 Annual Awards of the Occupational Therapy Association of California! Adjunct assistant professor of clinical occupational therapy **Bonnie Nakasuji** (OTD '08, MA '94, BS '73), OTR/L, C/NDT won the Award of Excellence. **Michal Atkins** (MA '89), OTR/L received the Janice Matsutsuyu OT Practice Award. Associate professor of clinical occupational therapy **Erna Blanche** (PhD '97, MA '88), OTR/L, FAOTA and **Bonnie Nakasuji** were given the Entrepreneur Award. Assistant professor of clinical occupational therapy **Samia Rafeedie** (OTD '06, MA '05), OTR/L received the Outstanding Service Award. Current OTD student **Monique Wolkoff** (MA '12) won the Outstanding Student Award.

EVENTS CALENDAR

NOVEMBER	9 & 10	Homecoming Weekend 2012 Continuing Education and Social Events USC Health Sciences & University Park Campuses ot.usc.edu/news-and-events	FEBRUARY	22	Chronic Pain and Headache Management Life Management Continuing Ed. Series Center for Health Professions, USC HSC ot.usc.edu/academics/continuing-education
	16	Introduction to Lifestyle Redesign® Life Management Continuing Ed. Series Center for Health Professions, USC HSC ot.usc.edu/academics/continuing-education			
DECEMBER	7 - 11	Assessment of Motor and Process Skills (AMPS) In partnership with AMPS Project International Center for Health Professions, USC HSC ot.usc.edu/academics/continuing-education	MARCH	7	USC Women's Conference USC Alumni Association USC University Park Campus alumni.usc.edu/events
				8	Psychosocial Dimensions of Creating Life Balance Life Management Continuing Ed. Series Center for Health Professions, USC HSC ot.usc.edu/academics/continuing-education
2013 JANUARY	TBD	OT/SI 610: Sensory Integrative Dysfunction Pediatric Therapy Network, Torrance CA ot.usc.edu/academics/continuing-education	APRIL	TBD	OT/SI 610: Sensory Integrative Dysfunction Pediatric Therapy Network, Torrance CA ot.usc.edu/academics/continuing-education
	25	Weight and Diabetes Management Life Management Continuing Ed. Series Center for Health Professions, USC HSC ot.usc.edu/academics/continuing-education		25 - 28	AOTA 93rd Annual Conference & Expo and USC Alumni and Friends Reception San Diego Convention Center, San Diego CA www.aota.org/ConfandEvents

The Division sincerely thanks the following for their generous gifts of support during the 2011-2012 academic year:



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ALUM LEADERS RECOGNIZED BY USC ALUMNI ASSOCIATION

Two occupational therapy alumnae were recognized for their contributions to the Trojan Family at the 2012 Volunteer Recognition Dinner, hosted by the USC Alumni Association at Town & Gown in September.

Lisa Test (OTD '09, MA '89) received a Widney Alumni House Award for her longstanding loyalty to the USC Division of Occupational Science and Occupational Therapy. Dr. Test is the highest-ranking occupational therapist in the Los Angeles Unified School District, the second largest school district in the nation, and oversees all therapy services provided by over 200 professionals at over 900 sites across the district. She frequently interfaces with district, state, and federal educational administrators and education-related service providers to ensure quality service provision. For decades, Dr. Test has educated, trained, and mentored dozens of USC occupational therapy students and alumni, and has played essential roles in various Division research programs.

Angie Muñoz (MA '04, BS '03) also received a Widney Alumni House Award for her leadership in the USC Alumni Club of Las Vegas, where she is currently appointed to the club board as Co-President/Treasurer.

Widney Alumni House Awards are bestowed annually by the USC Alumni Association in recognition of alumni volunteers' loyalty, support, and dedication to the university.

1 Lisa Test (right) receives her Widney Alumni House Award for her volunteer work with the USC Division of Occupational Science and Occupational Therapy from USC Alumni Association President Mitchell Lew (left) **2 Angie Muñoz** (right) smiles as she receives her Widney Alumni House Award for her volunteer leadership with the USC Alumni Club of Las Vegas from USC Alumni Association President Mitchell Lew (left)



3RD TROJAN ELECTED OTAC PRESIDENT

Patricia Nagaishi PhD, (MA '80), OTR/L, has been elected President of the Occupational Therapy Association of California. Dr. Nagaishi is the third USC Trojan to hold the state's highest elected professional position. Congratulations and Fight On!

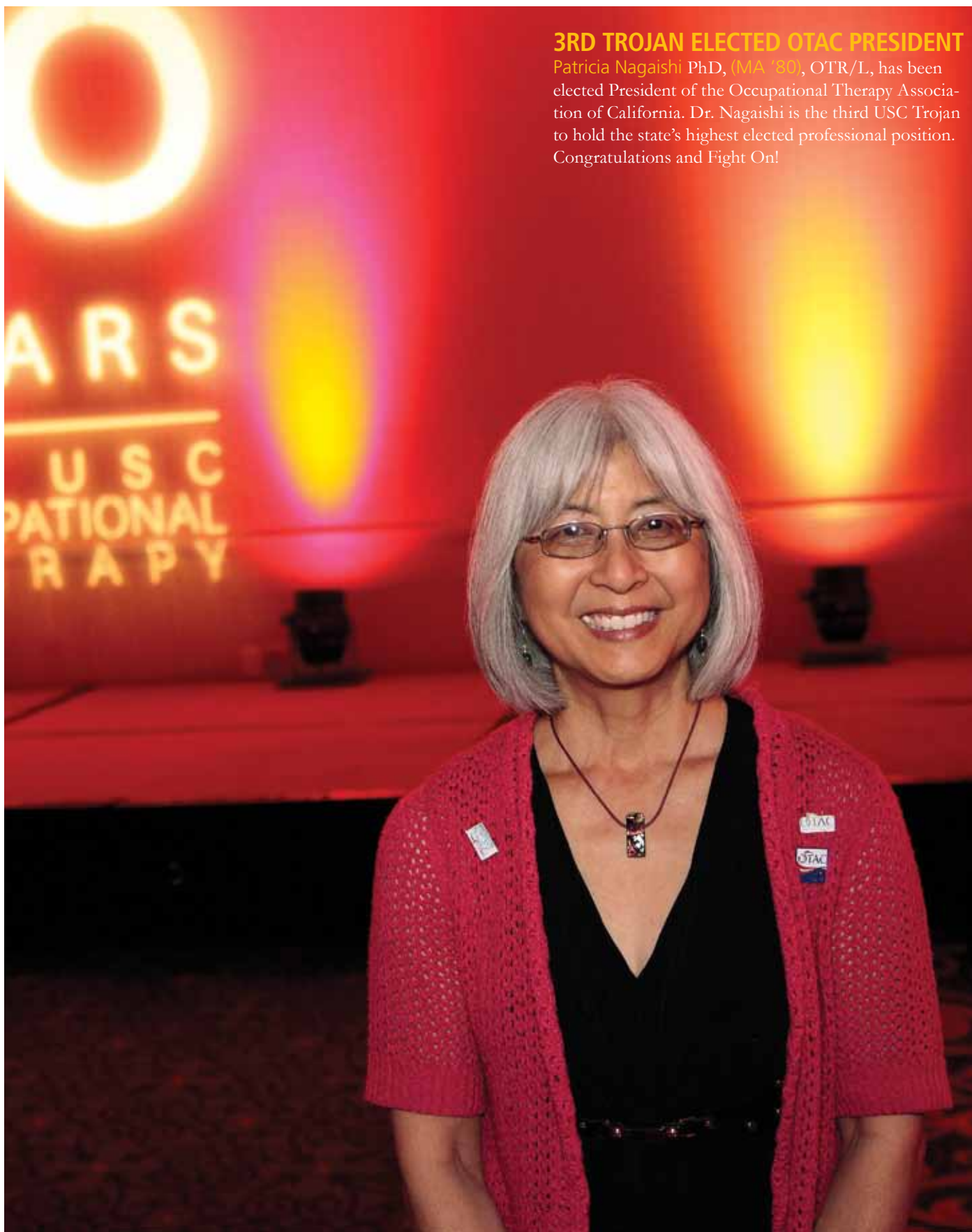


Photo by John Skalticky

70
YEARS

USC Division of
Occupational Science and
Occupational Therapy

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ot.usc.edu/alumni/newsletters

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