

USC OTSC PHILANTHROPY REPORT

2018-2019

ACCOMPLISHMENTS AT A GLANCE

26

philanthropy & wellness events, in collaboration with the Chan Division and over **18** nonprofit organizations

190%

increase in student participation from 2017-2018

61

members in the **second year of the OTSC Philanthropy Committee**

529

times students were mobilized to participate

1014

service/community engagement hours between September 2018 and April 2019

AIMS

Outreach

Increase **outreach** generally and specific to healthcare and occupational therapy by promoting engagement in wellness within communities

Trans-disciplinary

Establish **collaborative, transdisciplinary relationships** with local nonprofit organizations and other schools, both within and outside of USC

Wellness

Encourage and actively participate in **occupations of wellness to reduce practitioner burnout** (as highlighted in the Quadruple Aim)

Diversity

Develop **skills** in advocacy, programming, and philanthropy in a **culturally and environmentally responsible** way that can translate to future practice

Community

Build community within the Chan Division, as a channel for students, faculty and staff to generate ideas, plan events, and connect with one another

Complex Social Issues

Learn about **complex social issues** and gain a better understanding of **underserved patient populations** that occupational therapists serve

INNOVATION THROUGH OCCUPATION

In the OTSC Philanthropy Committee's second year, we focused on developing **innovative models** to promote the **unique value of occupational therapy** by conceptualizing:

- Volunteering and wellness as **occupations for OT students** and
- Promoting activation of **wellness and engagement** within communities we serve

We believe that this OS/OT approach to serving communities contributes significantly to our education as future practitioners as well as the well-being of communities around us.

For OT Month, we engaged in our second year of Battle of the Cohorts, a competition between BA/MA/OTD cohorts to **engage prosocial behavior** and volunteer for OT Month events.

A COLLABORATIVE TEAM APPROACH

was used to support student needs in regards to occupation-centered project development as well as intentional facilitation of community wellness and engagement

PLANNING TEAM

2 Co-Leads (1st year + 2nd year student)
+ Additional Planning Team Members

MENTORS

Faculty and/or community members with expertise in community needs + Philanthropy Chairs Elissa Lee & Christie Sue

VOLUNTEERING TEAM

Variable in size depending upon event needs

EVENTS

Wellness Through Occupation Initiative

Faculty Mentor: Camille Dieterle

Co-Leads: Elissa Lee & Christie Sue

To focus on practitioner wellness and reduce workplace burnout, we wanted to design a series of wellness activities focused on what OTs do best -- wellness by doing (or occupation). Taking elements of Lifestyle Redesign, sessions also aimed to build community through shared occupations and to facilitate discussion of issues of compassion fatigue, stress management and burnout, and self-care.



Fall 2018: Shared Plates

Co-Leads: Elissa & Christie

Team: Dr. Danny Park, Brianne Tabios, Marielle Timbang

Aims: O W D C

Partnered with Global Initiatives and brought 50 MA-I/MA-II students, faculty, and staff together for an innovative dinner party on campus with components of **wellness** (building community by making food together and eating together), **philanthropy** (proceeds of \$900 went to the local Meals on Wheels), and **multiculturalism** (student chefs taught culturally-significant recipes). Inspired by the LA Kitchen model.

Chefs: Velia Lozick - Mexican aguas frescas, Melinda Ly - Chinese dumplings, Talent Dang - Vietnamese spring rolls, Valentina Vera Carrasquero - Venezuelan arepas, Richard Su - Taiwanese tangyuan dessert, Erin Dos Santos - Italian gnocchi

Spring 2019: Knitting for Charity

Co-Leads: Sheridan Lamb & Karen Radomski

Aims: O W C

Over **70** MA-I/MA-II students, faculty, and staff helped knit and crochet **47** squares for Knit-A-Square, which provides blankets for orphans and vulnerable youth in South Africa. This included as-needed classes for beginners and open knitting sessions for two weeks in February as well as one day per week in March. Research shows the health benefits of knitting and other repetitive activities, and we've found that there is an element of community-building in sitting together, teaching each other to knit, and just spending time with one another.

Building Bridges: Transdisciplinary Panel & Short Film Screening about Immigrant Health in the U.S.

Co-Leads: Elissa Lee, Kristin McConnell, Yoko Fukumura, Hali Curry, Talent Dang, Janis Yue, Julian Prado, Henna Manglani, Kathleen Davidson, Surah Alsawaf (MaPHSA)

Aims: T D C Co

Screened short films about immigrant health for over 80 attendees from USC Chan, USC PT, Keck School of Medicine, USC Keck Dept. of Public Health, Pharmacy, Global Medicine, USC Dornsife, and USC Davis (Gerontology), as well as LAC + USC Hospital, UCLA, CSU Long Beach, CSU LA, Mount St. Mary's, and St. Monica's Parish. A panel moderated by Julian Prado (MA-II OT student) included Dr. Jesus Diaz (Chan), Jed David (CHLA, Chan alumnus), Dr. Lihua Liu (Clinical Preventive Medicine), Dr. Todd Schneberk (LAC+USC Emergency Medicine), Michelle Levander (Center for Health Journalism), and Dr. Mellissa Withers (USC Institute for Global Health).



Bright Horizons: Intergenerational Program

Co-Leads: Christie Sue, Rachel Kent, Amy Zhao **Team:** Janis Yue, Elissa Lee, Keene Liang



Aims: O T W C Co

Piloted our first intergenerational program in collaboration with Bright Horizons Child Care Center. We facilitated a session of movement, chair yoga, and reading between seniors recruited from USC Emeriti Center and other community partners and children at Bright Horizons.

EVENTS

#BeKind21

Co-Leads: Elissa Lee, Carly Roberts, Ashley Hvidt, Hali Curry **Team:** Alexis Nalbach, Ozan Yay, Julian Prado, Julie Lutz, Christie Sue

Aims: **O T W C** **Event Calendar Here:** tinyurl.com/usckindstorm

Took part in Lady Gaga's #BeKind21 Challenge: 21 days of acts of kindness to yourself and your community. 42 students, faculty, and staff congregated to brainstorm 21 days of acts of kindness that were feasible and appropriate for our community. Six out of seven USC Chan student organizations contributed at least a day of programming. Activities ranged from sending thank-you notes to faculty and IT/FMS staff to planting trees, from volunteering at a Fetal Alcohol Spectrum Disorder Conference to participating in civic kindness.



Life Rolls On: They Will Surf Again

Co-Leads: Alexis Nalbach, Jillian Marcucci



Aims: **O**

Volunteered with Life Rolls On, an organization (founded by world champion quadriplegic surfer Jesse Billauer) dedicated to improving the quality of life for young people affected by spinal cord injury through adaptive surfing and skating. Helped out in the water/on land by helping participants get dressed, setting up their adaptive equipment, and assisting the adaptive surfers out in the water.

MOSTe Panel

Co-Leads: Miriam Brown, Katie Bui

Aims: **O D C**

Coordinated a panel of 3 women of color in OT, all USC Chan alum, for 35 students in collaboration with MOSTe (Motivating our Students Through Experience), an organization that empowers young girls in underserved communities of Los Angeles to pursue and graduate from college.



LA Times Festival of Books

Co-Leads: Jessica Pedersen



Aims: **O C**

49 volunteers shared the power of occupational therapy with over 500 from USC and greater LA community at the Los Angeles Times Festival of Books at USC, through specialized OT services stations, including sensory integration, weight management, and stress management.

Skid Row Carnival of Love Clothing Drive

Co-Leads: Elissa Lee, Christie Sue

Aims: **O** Over **40 students, faculty, and staff** donated clothes, shoes, accessories, and more to fill **3 cars** for Skid Row Carnival of Love

Valentine Grams for TEDx Almansor Park

Co-Leads: Christie Sue, Daniel Padilla

Aims: **C** Fundraised \$130 through Valentine Grams to support TEDx Almansor Park, organized by Chan alumnus Bill Wong.

OTSC PHILANTHROPY COMMITTEE MEMBERS

Erin Bussell
Phoebe Yam
Karen Lai
Hali Curry*
Kaitlin O'Hagan
Vanessa Miller
Keene Liang
Carly Roberts*
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Miriam Brown*
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Ozan Yay
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**denotes event co-lead or team member*

#BEKIND21 PARTNERS

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Maddie Hayward, Nicole Santos

Student-Run Clinic - Joyce Yoo, Tabitha Lin
OTSC - Jackson Watts

IHA - Dr. Camille Dieterle, Karen Lai
Engage - Aileen Torres

OTSpeaks - Velia Lozick, Alexandra Aftalion,
Evan Kuchel

USC Global Initiatives - Dr. Danny Park,
Mariella Timbang, Brianne Tabios

OTSC ADVISORS

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Dr. Allison Chu, OTD, OTR/L

SPECIAL THANKS TO:

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Dr. Karrie Kingsley, OTD, OTR/L | Kimberly Kho, MBA | Bianca Ojeda

REPORT COMPILED AND DESIGNED BY:

Janis Yue
Elissa Lee

[Link to OTSC Philanthropy Report 2017-2018](#)

COMMUNITY PARTNERS/ NON-PROFITS

Life Rolls On
Born This Way Foundation
Violence Intervention
Program

Girl Scouts
Tree People

Central Eastlake Juvenile Hall
Mobile Clinic at USC
St. Vincent Meals on Wheels
LA Kitchen

Wayfarer Foundation/Skid Row
Carnival of Love
Knit-a-square

LA Times/Festival of Books
Bright Horizons

USC Emeriti Center

MOSTe

KASEC

USC MaPHSA

The Children's Partnership

OTSC CHAIRS

Elissa Lee*
Christie Sue*