



CALIFORNIA HEALTH CARE RESOURCE GUIDE FOR UNDOCUMENTED IMMIGRANTS

HISPANAS ORGANIZED FOR POLITICAL EQUALITY (HOPE)

HOPE. ACT. | HEALTH +

Hispanas Organized for Political Equality (HOPE) is a non-profit, nonpartisan, organization committed to ensuring political and economic parity for Latinas through leadership, advocacy and education to benefit all communities and the status of women. For the past 15 years HOPE has advocated for access to quality affordable healthcare. HOPE is a grantee of The California Endowment. In partnership with the Dream Summer National Internship program at UCLA this guide was created. The California Endowment is a private, statewide health foundation with a mission to build a stronger state by expanding access to affordable, quality health care to underserved, uninsured communities and improving the overall health of all Californians.

The Issue at Hand

The vast majority of undocumented immigrants are less likely to have health insurance and more likely to prolong visits to any clinic, doctor or hospital due to the lack of information, financial resources and access to health insurance. California is host to the nation's largest percentage of undocumented immigrants. It is estimated that a total of 2.6 to 3 million or 7% of the population are undocumented men, women and children currently residing in the golden state. Statistics show that the largest concentration of undocumented immigrants is currently residing in Los Angeles County. Currently 1 in every 10 Los Angeles county resident is an undocumented immigrant and many of those immigrants have been in the United States for more than a decade and are the parents of children who are American citizens (USC study 2013).

A Guide

HOPE understands the financial predicaments undocumented immigrants face when seeking health care.

Thus, this resource guide provides a comprehensive list of affordable healthcare options. The resource guide includes services rendered, health care provider contact information, and types of fees.

Frequently Asked Questions

The following are frequently asked questions to help you begin to understand how you and your family can access health care in order to prevent or treat illness and handle medical emergencies.

1. Will using government health benefit programs affect my immigration status?

A: No. Using health care programs at the local, state or federal level will not affect your immigration status or ability to apply for a green card in the future.

****Unless you are receiving Medi-Cal to pay for long term care in a mental institution or nursing home.*

2. What programs are available in California for Deferred Action for Childhood Arrivals (DACA)?

* DACA recipients are eligible for full state Medi-Cal coverage if they are 21 years of age or younger, are blind or disabled.

* DACA recipients are also eligible for the safety net programs listed under question 3.

3. Is it true that if I am undocumented, I am not eligible for any health benefit programs?

A: No. There are several programs that do not require U.S. Citizenship or legal statuses to participate. The following programs are available to adults' children, seniors, and disabled persons:

*Community, County and Free Clinics.

*Mental Health Services.

*Medi - Cal for Breast & Cervical Cancer Program.

* Restricted Medi - Cal for emergency hospital and Long Term Care/ Kidney Dialysis.

* Medi - Cal services for pregnant women.

* Access for infants & mothers (AIM).

* Women, Infants, and Children (WIC).

*Child Health and Disability Prevention Program (CHDP).

* Minor Consent Services.

*CA Children's Services.

* Family Planning, Access, Care and Treatment (Family PACT).

4. I have no insurance and I am undocumented. Will the hospital turn me away?

A: No. In 1986 the Government passed a law that prevents hospital emergency rooms to refuse treatment to anyone who is in need of emergency services, but have no health insurance or the ability to pay.

5. How will I pay for my medical bills if I do not have insurance and I am undocumented?

A: Hospitals offer a program called Ability to Pay Program which provide patients with payment options. Patients must request this program within 2 calendar months of their hospital/medical visit. You may also try to apply for Restricted / Emergency Medi - Cal to help pay part of your medical expenses. Restricted Medi - Cal will cover emergency situations, health care for pregnant women, kidney dialysis, nursing home care and treatment for breast and cervical cancer.

Emergency medical care includes the following:

* acute, severe symptoms (ex. severe pain), or if failure to get immediate attention will:

*endanger the patient's health

*seriously impair bodily functions.

*cause serious dysfunction to a body organ or body part

Excludes:

Organ transplants and continuation of services.

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HEALTH RESOURCES

State Wide Resources

California Kids

(818) 755-9700
5200 Lankershim Boulevard, Ste 360,
North Hollywood, CA 91601
Offers primary health care insurance to
undocumented children ages 2 to 18.
\$\$: \$82/month
Must submit application

The Restaurant Opportunities Center United ROC-MD

(213) 380-1020
Natalia Rodriguez (Natalia@rocunited.org)
1730 West Olympic Blvd, 3rd Floor Room K,
Los Angeles, CA 90015
ROC-MD is a program that offers health care
insurance to undocumented restaurant workers.
New Member Orientations every Monday at 1:00
p.m.

Children's Health Insurance Program -CHIP

1(877)543-7669.
To see if your child qualifies for CHIP visit
www.insurekidsnow.gov

Low-cost health coverage to children whose family
income is too high to qualify for
Medicaid.

Benefits include routine checkups,
immunizations, doctor visits, prescriptions, dental
and vision care, inpatient and outpatient hospital
care, laboratory and X-ray services, and emergency
services.

\$\$: Enrollment fees are \$50 or less per family, per
year. Co-pays for doctor visits and prescriptions
range from \$3 to \$5 for lower-income families and
\$20 to \$35 for higher-income families.

California's Children Services (CCS)

(415) 575-5700
Provides financial assistance, case management,
and carious therapy services to children up to age
21 with specific complex chronic
handicapping illnesses
\$\$: Sliding scale fee.
Must submit application

Napa

(707) 253-4391
2261 Elm Street, Building R,
Napa, CA 94559-3721

San Bernardino

(909) 387-8400
150 Carousel Mall
San Bernardino, CA, 92415

Los Angeles

(800) 288-4584
9320 Telstar Ave, Ste 226,
El Monte, CA 91731

Fresno

(559) 600-3300
1221 Fulton Mall
Fresno, CA, 93721

San Francisco

(415) 575-5700
30 Van Ness Ave, Ste 210,
San Francisco, CA, 94102

Bakersfield-Kern County

(661) 868-0531
1800 Mt. Vernon Ave,
Bakersfield, CA 93306

Orange County

(714) 347-0300
200 W. Santa Ana Blvd, Ste 100,
Santa Ana, CA 92701

San Jose

(408) 793-6200
720 Empey Way,
San Jose, CA 95128

Riverside

(951) 358-5401
10769 Hole Avenue, Ste 220,
Riverside, CA 92505

Regional Resources

AltaMed Medical Group

Los Angeles & Orange County

For more clinics near you please call or visit:
Questions: (877) 462-2582
Headquarters: (323) 725-8751
Website: www.altamed.org

Other Key Organizations

Mexican American Legal Defense & Education Fund (MALDEF)

(213) 629-2512
634 S. Spring St., 11th Floor
Los Angeles, CA 90014

Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA)

(213) 353-1333
2533 W. Third Street, Suite 101
Los Angeles, CA 90057

Educators for Fair Consideration (E4FC)

San Francisco Bay Area
www.e4fc.org

Central American Resource Center (CARECEN)

(213) 385-7800
2845 West 7th Street
Los Angeles, CA 90005

UCLA Downtown Labor Center

(213) 480-4155 ext 220
675 S Park View St
Los Angeles CA 90057-3306

Central Valley Partnership for Citizenship California

(209) 499-6750
P.O. Box 684,
Modesto, CA 95353

UC Berkeley Labor Center

(510) 642-0323
2521 Channing Way, Ste 5555,
Berkeley, CA 94720

American Civil Liberties Union of San Diego & Imperial County (ACLU)

(619) 232-2121
P.O. Box 87131
San Diego, CA 92138

Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN

Ob

Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy

Rx

Key of Business Days:

Monday	M
Tuesday	T
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HEALTH RESOURCES

Coachella Valley

Clinicas de Salud del Pueblo Coachella Medical Clinic

(760) 393-0555
49111 Highway 11,
Coachella, CA 92236
M-Th 7 am-6 pm
F 8:30 am-5 pm
S 7:30 am-12 pm
\$\$: Sliding scale available.



Planned Parenthood Coachella Center

(888) 743-7526
49-111 Highway 111,
Unit 6 Ste A,
Coachella, CA 92236
M, W, F, S 8 am-4:30 pm
T, Th 10 am-6:30 pm
\$\$: Sliding scale available.



Ob

Centro Medico Cathedral City Borrego Medical Clinic

(760) 321-6776
69175 Ramon Road A,
Cathedral City, CA 92234
M-F 8 am-8 pm
S 8 am-5 pm
Su, Holidays 8 am-12 pm
\$\$: Sliding scale available.



Desert Hot Springs Community Health Center

(760) 676-5240
12520 Palm Drive,
Desert Hot Springs, CA
92240
M-F 8 am-5 pm
S, Su 8 am-12 pm
\$\$: Sliding scale available.



Coachella Valley VIM Clinic (CVVIM)

(760) 342-4414
82-915 Avenue 48,
Indio, CA, 92201
M-F 8 am-5 pm
\$\$: No fee



Indio Family Care Center

(760) 863-8283
47-923 Oasis St.
Indio, CA, 92201
M-F 7:30 am-5 pm
\$\$: Sliding scale.
No one turned away due to
inability to pay.



The Smile Factory

(760) 773-5747
41865 Boardwalk,
Ste 210,
Palm Desert, CA, 92211
M-F 8 am-3 pm
\$\$: Sliding scale available.



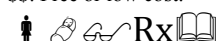
Palm Springs Family Care Center

(760) 778-2210
1515 North Sunrise Way,
Palm Springs, CA 92262
M-F 7:30 am-5 pm
\$\$: Sliding scale.
No one turned away due
to inability to pay.



Palm Springs Outreach (RSBCIH)

(877) 781-0444
901 E. Tahquitz Way,
Ste A204,
Palm Springs, CA, 92262
M, W, F 8 am-5 pm,
T 8 am-7 pm,
F 8 am-2 pm
\$\$: Free or low cost.



Planned Parenthood Rancho Mirage Family Planning Center

(888)743-7526
71777 San Jacinto Dr
Ste 202,
Rancho Mirage CA 92270
M- Th 8:30 am- 6:30 pm,
S 8 am- 4:30 pm
\$\$: Sliding scale available.



Ob

Escondido Family Medicine

255 N. Ash St, Ste 101
Escondido, CA, 91906
(760) 745-5832
M-F 8 am- 5 pm.
\$\$: Sliding Scale fees.



Del Norte

Del Norte Community Health Center

(707) 465-6925
(707) 465-4636
550 E Washington Blvd.
Crescent City, CA 95531
M-S 7:30 am-8:30 pm
\$\$: Sliding scale available.



Sutter Coast Walk-In Clinic

(707) 464-8818
785 E. Washington Blvd.
Crescent City, CA 95531
M-F 8:30am-6:30pm
S & Su 9:45am-6:30pm
\$\$: Financial assistance
available.



Fresno County

Deran Koligian Ambulatory Care Center

(559) 459-4900
290 N. Wayne Lane,
Fresno, CA 93726
M-F 8 am-4:30 pm
\$\$: Fee for services.
Deposit Required.



Divisadero Health Center - Clinica Sierra Vista

(559) 457-5900
145 N. Clark,
Fresno, CA 93701
M-F 8 am-7 pm
\$\$: Sliding scale available.



Easton Community Health Center - Clinica Sierra Vista

559-457-5600
5784 S. Elm Ave.
Fresno, CA, 93706
M-F 8 am-5 pm
\$\$: Sliding scale of fees
based on income.



Elm Community Health Center- Clinica Sierra Vista

(559) 457-5200
2790 S. Elm Ave.
Fresno, CA 93706
M-S 8 am - 7 pm
\$\$: Sliding scale available



Elm Dental Center Clinica Sierra Vista

(559) 457-5345
2756 S Elm Ave,
Fresno, CA 93706
M-S 8 am-7 pm
\$\$: Sliding scale of fees
based on income.



Free Medical & Dental Clinic at Poverello

House for the Homeless
(559) 442-4108
412 F Street,
Fresno, CA 93706
M-F 1 pm-5 pm
\$\$: Free/No fee.



Garland Community Health Center

Clinica Sierra Vista
(559) 457-6900
3727 N. First Street,
Fresno, CA 93726
M-S 8 am-5 pm
\$\$: Sliding scale of fees
based on income.



Orange and Butler Community Health Center

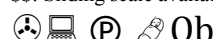
Clinica Sierra Vista
(559) 457-5400
1350 S. Orange Ave.
Fresno, CA, 93702
M-S 8 am-5 pm
\$\$: Sliding scale of fees
based on income.



Kern County

Arvin Community Health Center - Clinica Sierra Vista

(661) 854-3131
1305 Bear Mountain
Blvd.
Arvin CA 93203
M-S 8 am - 5 pm
\$\$: Sliding scale available



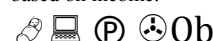
Arvin Dental Center Clinica Sierra Vista

(661) 854-5859
1305 Bear Mountain
Blvd. Arvin, CA 93203
M-S 8 am-5 pm
\$\$: Sliding scale of fees
based on income.



Bakersfield - 34th Street Community Health Center - Clinica Sierra Vista

(661) 324-1455
2000 Physician's Plaza,
Bakersfield, CA 93301
M-S 8 am-5 pm
\$\$: Sliding scale of fees
based on income.



Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



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Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy



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HEALTH RESOURCES

Bakersfield College Student Health and Wellness Center Clinica Sierra Vista

(661) 395-4336
1801 Panorama Dr.
Bakersfield, CA 93305
M-W 7:30 am-5:30 pm
Th 9:30 am-7:30 pm
F 8 am-12 pm
\$\$: Sliding scale of fees based on income.



Bakersfield Homeless Healthcare - Clinica Sierra Vista

(661) 332-7580
234 Baker St. Ste 1 & 6,
Bakersfield, CA 93305
M-F 8 am-5 pm
\$\$: Sliding scale of fees based on income.



Brimhall Community Health Center - NHSI

(661) 377-0439
1014 Calloway Dr.
Bakersfield, CA 93312
M 9 am-6 pm
T-F 8 am-5 pm
\$\$: Sliding scale available.



Central Bakersfield Community Health Center Clinica Sierra Vista

(661)323-6086
301 Brundage Lane,
Bakersfield, CA 93304
M- S 8 am-7 pm
\$\$: Sliding scale of fees based on income.



East Bakersfield Community Health Center Clinica Sierra Vista

(805) 322-3905
815 Dr. Martin Luther King Jr. Blvd.
Bakersfield, CA 93307
M-S 8 am-7 pm
\$\$: Sliding scale available.



East Bakersfield Dental Center - Clinica Sierra Vista

(661) 632-2144
1125 E. California Ave.
Ste 6,
Bakersfield, CA 93305
M-S 8 am-7 pm
\$\$: Sliding scale available



Indian Health Service Bakersfield American Indian Health Project

(661) 327-4030
1617 30th Street,
Bakersfield, CA 93301
M-F 8 am-5 pm
\$\$:Sliding scale available.



North of the River Community Health Center - Clinica Sierra Vista

(661) 328-4295
2525 N. Chester Ave.
Bakersfield, CA 93308
M-S 8:30 am-5:30 pm
\$\$: Sliding scale of fees based on income.



Ob

Oildale Community Health Center

(661) 392-7850
525 Roberts Lane,
Bakersfield, CA 93308
M-F 8 am-5 pm
\$\$:Sliding scale available.



POb

Rosedale Community Health Center

(661) 387-6930
3409 Calloway Drive.
Ste 300,
Bakersfield, CA 93312
M-Th 8 am-6 pm
Friday 8 am-5 pm
\$\$:Sliding scale available.



South Bakersfield Community Health Center - Clinica Sierra Vista

(661) 835-1240
2400 Wible Rd. Ste 14,
Bakersfield, CA 93304
M-S 8 am-7 pm
\$\$:Sliding scale available.



Ob

Delano Behavioral Health Services Clinica Sierra Vista

(661) 725-2788
828 High St. Ste C,
Delano, CA 93215
Mental Health
M-F 8 am-5 pm
Substance Abuse
M-F 9 am-7 pm
\$\$:Sliding scale available.



Delano Community Health Center - Clinica Sierra Vista

(661) 725-4780
1508 Garces Hwy 1,
Delano, CA 93215
M-S 8:30 am-5:30 pm
\$\$: Sliding scale of fees based on income.



Ob

Delano Family Dental & Women's Health Center

(661) 454-1700
1215 Jefferson St.
Delano, CA 93215
M-S 8 am-5 pm
\$\$:Sliding scale available.



Delano Women's Medical Clinic - Delano Regional Medical Center

(661) 721-0737
1201 Jefferson St.
Delano, CA 93215
M-F 8 am-5 pm
\$\$: Financial assistance available.



Joy Cariño Kimpo Family Medical Center

(661) 721-7080
1001 Main Street,
Delano, CA 93215
M-Th 8 am-6 pm
F 8 am-5 pm
\$\$:Sliding scale available.



West Delano Dental Center - Clinica Sierra Vista

(661) 725-3882
441 Diaz Ave.,
Delano, CA 93215
M-F 8:30 am-5:30 pm
\$\$: Sliding scale of fees based on income.



McFarland Community Health Center - Clinica Sierra Vista

(661) 792-1066
217 Kern Ave.,
McFarland, CA 93250
M-S 8:30 am-5:30 pm
\$\$: Sliding scale of fees based on income.



Ob

Ridgecrest Community Health Center

(760) 446-7978
1133 N. Chelsea St,
Ridgecrest, CA 93555
M-S 8:30 am - 5:30 pm
\$\$:Sliding scale available.



Joy Cariño Kimpo Women's Health Center NHSI

(661) 459-1800
320 James Street,
Shafter, CA 93263
M-F 8 am-5 pm
\$\$:Sliding scale available.



Shafter Community Health Center - NHSI

(661) 746-9194
659 S Central Valley Hwy
Shafter, CA 93263
M-S 8 am-5 pm
\$\$:Sliding scale available.



Adventist Health - Taft

(661) 763-5131
501 6th St.
Taft, CA 93268
M, T, Th 8 am-5 pm
W 9 am-6 pm
F 7 am-4 pm
\$\$: Financial assistance available.



Taft Community Medical & Dental Center

(661) 765-5044
1100 Fourth Street,
Taft, CA 93268
M 8 am -6 pm
T-F 8 am-5 pm
\$\$: Sliding scale available



Tehachapi Community Medical and Dental Center

(66) 822-9054
161 N Mill St,
Tehachapi, CA 93561
M 8 am-6 pm
T-F 8 am-5 pm
\$\$:Sliding scale available.



Wasco Mecial Plaza Delano Regional Medical Center

(661) 758-4184
2300 7th St.,
Wasco, CA 93280
M-F 8:30 am-5:30 pm
\$\$: Financial assistance available.



Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



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HEALTH RESOURCES

Long Beach

Mark Taper Foundation Children's Clinic Family Health Center
 (562) 933-0400
 2360 Pacific Avenue,
 Long Beach, CA 90806
 M-Th 8 am-8 pm
 F 8 am-5 pm
 S 9 am-12 pm
 \$\$: Sliding scale fee.



Walk-In Medical Care
 (562) 595-7467
 3760 Atlantic Ave.
 Long Beach, CA 90807
 M-F 9 am-6 pm
 \$\$: Free (must qualify).



Long Beach Comprehensive Health Care Center
 (562) 599-2153
 1333 Chestnut Ave.
 Long Beach, CA 90813
 M-F 7:30 am-7:30 pm
 S 7:30 am-5 pm
 \$\$: Free to low cost.



AltaMed
 (877) 861-6728
 (562) 595-8040
 711 E Wardlow Rd.
 Long Beach, CA
 M-F 8 am-5 pm
 \$\$: Low Cost.



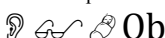
Complete Women Care
 (562) 424- 8422
 3711 Long Beach Blvd.
 Ste 700,
 Long Beach, CA 90807
 M-F 8 am-5 pm
 \$\$: Sliding Scale fee.



Birth Choice Health Clinic
 (562) 290-0212
 261 E. Willow Street. Ste C,
 Long Beach, CA 90806
 M-Th 8:30 am-5:00 pm
 \$\$: Free.



Pioneer Medical Group
 (562) 597-4181
 2220 Clark Ave.,
 Long Beach, CA 90815
 M-F 9 am-9 pm
 S 9 am-5 pm
 Sun 9 am-1 pm
 \$\$: Cash discount to uninsured patients.



Los Angeles

Venice Family Clinic
 (multiple locations)
 Location Information
 (310) 392-8636
 Appointment Line
 (310) 392-8636
 General Administration
 (310) 392-8630
 Patient and Provider
 Questions
 (310) 392-8636

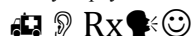
Venice: 604 Rose Avenue
 Venice, CA 90291
Mar Vista: 4700
 Inglewood Boulevard.
 Ste 102,
 Los Angeles, CA 90230
Inglewood: 111 N. La
 Brea Ave., Ste 410,
 Inglewood, CA 90301
Culver City:
 4401 Elenda Street,
 Culver City, CA 90230
 M-Th 8 am-5 pm
 F 8 am-4 pm
 \$\$: Visits range from
 \$5-\$10.



Ventanilla de Salud Los Angeles
 (213) 351-6826
 2401 W. 6 St.,
 Los Angeles, CA 90057
 M-F 8 am-5 pm
 \$\$: Payment based on income.



Martin Luther King Jr-Macc
 (310) 668-4321
 12021 Wilmington Ave.
 Los Angeles, CA 90059
Urgent Care Center
 8 am-11 am daily
Clinics
 M-F 8 am-4:30 pm
 \$\$: Offers services without regard to economic background or ability to pay.



St. John's Well Child & Family Center Clinic
 (323) 541-1411
 808 W. 58th Street,
 Los Angeles, CA 90037
 M-F 8 am-5:00 pm
 S 7 am-3 pm
 \$\$: Free/low cost.



To Help Everyone Clinic, Inc.
 (323)730-1920
 3834 S. Western Ave.,
 Los Angeles, CA 90062
 M-Th 7 am-7 pm
 Friday 7 am-5 pm
 S 9 am-1 pm
 \$\$: Patients may qualify for programs that enable free services. Those that are not are charged on a sliding fee scale.



USC-Eisner Family Medicine Center at California Hospital
 1400 S. Grand Avenue,
 Ste 101,
 Los Angeles, CA 90015
 (213) 741-1106

School-Based Teen Clinics
 (213) 747-5542 Ext. 3571
Los Angeles High School
 4650 W. Olympic Blvd,
 Los Angeles, CA 90019
 (323) 900-2771
 M-F 8 am-7 pm
 S 8 am-4:30 pm
 \$\$: Patients may qualify for programs that enable free services. Those that are not are charged on a sliding fee scale.



Rx

South Bay Family Health Care
 Appointments
 (310) 802-6170
 Ob/Gyn Appointments
 (310) 673-2647

Gardena
 742 West Gardena Blvd
 Gardena, CA 90247
Inglewood
 1091 S. La Brea Ave.
 Inglewood, CA 90301

Redondo Beach
 2114 Artesia Blvd,
 Redondo Beach, CA 90278

Carson
 270 East 223 Street,
 Carson, CA 90745
 Appointment center hours
 M, W, F 8 am-5 pm
 T & Th 8 am-6:30 pm
 S 8 am-12 pm
 Ob/Gyn appointment center hours M,W, F 8:30 am-2:30 pm

T & Th 8:30 am- 4:30 pm
 \$\$: Health care for the uninsured. Provides quality health care regardless of income or ability to pay.



South Central Family Health Care Clinic
 (323) 908-4200
 4425 S. Central Avenue,
 Los Angeles, CA 90011
Huntington Park Family Health Center
 2680 Saturn Avenue,
 Huntington Park, CA 90255

Wellness Center at Jefferson High School
 3410 S. Hooper Avenue,
 Los Angeles, CA 90011
 M-F 7 am-7 pm
 S 8 am-5 pm
 \$\$: Sliding Fee Scale.



UMMA Community Clinics
1.Fremont Wellness Center
 (323) 789-5610
 711 W Florence Ave,
 Los Angeles, CA 90044
2.Fremont Wellness Center & Community Garden
 (323)406-5800

7821 S. Avalon Blvd,
 Los Angeles, CA 90003
 M-S 8:30 am-5 pm
 Wellness Center
 Monday 8:30 am-12 pm
 T & Th 8:30 am-5 pm
 \$\$: Sliding scale fee.



Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy



Key of Business Days:

Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su

HEALTH RESOURCES

UMMA Community Clinic
UMMA Clinic
(323) 789-5610

Fremont Wellness Center
711 W Florence Ave.,
Los Angeles, CA 90044

Fremont Wellness Center
7821 S. Avalon Blvd.
Los Angeles, CA 90003

UMMA Clinic
M-S 8:30 am-5 pm
Wellness Center
M 8:30 am-12 pm
T & Th 8:30 am-5 pm
\$\$: Sliding scale fee.



Rx Ⓟ Ⓞ

WATTS Healthcare Corporation

Watts Health Center
(323) 564-4331
10300 Compton Ave,
Los Angeles, CA 90002

Crenshaw CHC
(323) 568-5460
3756 Santa Rosalia Dr,
Los Angeles, CA 90008

Jordan Wellness Center
(323) 564-4331
10110 South Juniper St,
Los Angeles, CA 90002

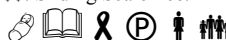
Locke Wellness Center
323-564-4331
316 East 111st Street,
Los Angeles, CA 90061
M-Th 8 am-6 pm
F 8 am-5 pm
S 8 am-5 pm
\$\$: Free and low cost quality health insurance.



Rx Ⓟ Ⓞ

Bell Gardens Family Medical Center
(562) 928-9600
6501 S. Garfield Ave,
Bell Gardens, CA

M-F 8 am-5:30 pm
S 8 am-1 pm
\$\$: Sliding Scale Fee.



Ob

Planned Parenthood
(800) 576-5544
400 West 30th Street,
Los Angeles, CA 90007
M-F 7 am-6 pm
S 8 am-12 pm
\$\$: Sliding scale (low to no cost).



Hollywood-Wilshire Health Center
(323) 769-7800
5205 Melrose Avenue,
Los Angeles, CA 90038

M, W, F 7:30 am-4 pm
T 7:30 am-5 pm
Th 7:30 am-2 pm
\$\$: Free.



The Saban Free Clinic
(323) 658-9193
8405 Beverly Blvd.,
Los Angeles, CA 90048
M-Th 7:30 am-8 pm
1st, 3rd & 5th
F 7:30 am-4:30 pm
2nd & 4th
F 12 pm-4:30 pm
\$\$: Free.



Clinica Msr. Oscar A. Romero

(213) 989-7700
123 S. Alvarado Street,
Los Angeles, CA 90057
M-Th 7 am - 7 pm
F-S 7 am - 12 pm
\$\$: Free.



Eisner Pediatric and Family Medical Clinic

(213) 747-5542
1530 South Olive Street,
Los Angeles, CA 90015
M-S 8 am-4:30 pm
\$\$: Free to low cost.



Ob

Franciscan Clinics Queens Care Family Clinic

Eagle Rock
(323) 344-5233
448 York Blvd,
Los Angeles, CA 90041
M-F 8:30 am-6:00 pm

Echo Park
(213) 380-7298
150 N. Reno Street,
Los Angeles, CA 90026
M-F 8:30 am-4:30 pm

Hollywood
(323) 953-7170
4618 Fountain Avenue,
Los Angeles, CA 90029
M-F 8:30 am-6:00 pm

Bresee
(213) 858-5126
184 South Bimini Place,
Los Angeles, CA 90004
M-F 9 am-6 pm

East Los Angeles
(323) 981-1660
133 North Sunol Drive,
Los Angeles, CA 90063
M-F 8 am-5 pm

Eastside
(323) 780-4510
4560 E. Cesar E. Chavez Avenue.,
Los Angeles, CA 90022
M-F 8 am-5 pm
\$\$: Low Cost.



AltaMed Medical & Dental Group Boyle Heights
(323) 265-1998
3945 Whittier Blvd.,
Los Angeles, CA 90023
M, W 8 am-7 pm
T, Th 9 am-7 pm
F 8 am-5 pm
Sat 8 am-1 pm

AltaMed Medical Group Boyle Heights, Zonal
(323) 223-6146
1701 Zonal Ave.,
Los Angeles, CA 90033
M-F 8 am-5:30 pm
\$\$: Sliding Scale.



Oakland

La Clinica - Casa Del Sol
(510) 535-6200
1501 Fruitvale Ave.,
Oakland, CA 94601
M, T, Th
8:30 am-7:00 p.m.
W 8:30 am-7 pm
F 8:30 am-6 pm
\$\$: Sliding scale available.



Alameda County Health Care for the Homeless Program
(510) 532-1930
1900 Fruitvale Ave.,
Ste 3E,
Oakland, CA 94601
M, Th, F 9:30 am-12 am
\$\$: Free/No fee.



Alameda County Medical Center Highland Hospital
(510) 437-4800
1411 East 31st St,
Oakland, CA 94602
\$\$: Financial assistance Available.
M-F 8 am-5 pm



Ob

Albert J Thomas Medical Clinic - WOHC
(510) 568-9230
10615 International Blvd.
Oakland, CA 94603
M-F 8:30 am-5 pm
\$\$: Sliding scale available.



Ashland Free Medical Clinic
(510) 530-2670
1757 Clemens Road,
Oakland, CA 94602
S 8:30 am-12 pm
\$\$: Free or low cost.



Asian Health Services
(510) 986-6830
818 Webster St,
Oakland, CA 94607
M-F 9 am-5 pm
\$\$: Financial assistance for residents of bay service area only.



Charlotte Maxwell Complementary Clinic
(510) 601-7660
610 16th Street. Ste 426,
Oakland, CA 94612
M-F 9 am-5 pm
\$\$: Financial assistance available.



Community Recovery Center East - WOHC
(510) 729-8800
7501 International Blvd,
Oakland, CA 94621
M-F 9 am-9 pm
\$\$: Sliding scale of fees based on income



East Oakland Health Center - WOHC
(510) 430-9401
7450 International Blvd,
Oakland, CA 94621
M-F 8:30 am-5 pm
\$\$: Sliding scale available.



East Oakland Recovery Eastmont Town Center
(510) 568-2432
7200 Bancroft Ave,
Oakland, CA 94605
M-Th 8 am-10 pm
F 8 am-12 am
\$\$: Free/No fee.



Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN

Ob

Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy

Rx

Key of Business Days:

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HEALTH RESOURCES

Golden Valley Health Center - Los Baños Medical & Dental Center

(209) 826-1045
(209) 826-1094
821 Texas Ave.,
Los Baños, CA 93635
M-F 8 am-5:30 pm
\$\$: Sliding scale. No one turned away due to inability to pay.



Sutter Yuba City Medical Center

(530) 749-3601
480 Plumas Blvd.,
Yuba City, CA 95991
M-F 8 am-5 pm
\$\$: Financial assistance available.



Mee Memorial King City Clinic

(831) 385-5471
210 Canal Street,
King City, CA 93930
M-S 7 am-7 pm
\$\$: Financial assistance available.



King City Medical - CSVS

(831) 385-5944
223 Bassett St.,
King City CA 93930
M-S 8 am-5 pm
\$\$: Sliding scale.



Memorial Hospital Los Baños Rural Health Clinic

(209) 710-6333
400 W. I St., Ste C,
Los Baños, CA 93635
M 9 am-9 pm
\$\$: Financial assistance available.



Salinas

Alvin Dental - CSVS

(831) 444-9722
620 E Alvin Drive.,
Salinas, CA 93906
M-Th 8 am-9 pm
F-S 8 am-5 pm
\$\$: Sliding scale of fees based on income.



Clinica de Salud Del Valle - CSVS

(831) 757-6237
950 Circle Drive.,
Salinas, CA 93905
M-F 8 am-5 pm
S 8 am-4 pm
\$\$: Sliding scale of fees based on income.



Dorothy's Place

(831) 757-3838
30 Soledad St.,
Salinas, CA 93901
W 12:30 pm-2 pm
\$\$: Free or low cost.



Planned Parenthood Salinas Health Center

(831) 758-8261
316 N Main Street,
Salinas, CA 93901
M, T, Th, F
7:45 am-5:30 pm,
W 8:30 am-6 pm,
S 10 am-2 pm
\$\$: Sliding scale available.



Salinas Optometry CSVS

(831) 757-1264
950 Circle Drive,
Salinas, CA 93905
M-F 8 am-5 pm
Th 9 am-6 pm
\$\$: Sliding scale of fees based on income.



Sanborn Clinic- CSVS

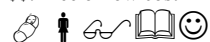
(831) 757-1365
219 N. Sanborn Rd.,
Salinas, CA 93905
M - S 8 am-5 pm
\$\$: Sliding scale of fees based on income.



San Bernardino

Barstow Indian Health (RSBCIH)

(760) 256-9016
705 E Virginia Way.,
Ste E, Barstow, CA 92311
M-Th 8 am-5 pm
F 8 am-2 pm
\$\$: Free or low cost



Bear Valley Community Hospital - Family Health Center

(909) 878-8246
370 Summit Blvd.,
Big Bear Lake, CA 92315
M-F 8 am-8 pm
S 8 am-5 pm
\$\$: \$50 or less per visit.



Montclair Clinic

(909) 399-3173
Evening Clinic
(909) 625-9464
5111 E Benito Street.,
Montclair, CA 91763
M-F 8-5 pm
\$\$: Sliding scale available.



Al-Shifa Clinic

(909) 473-9342
2034 B Mallory St.,
San Bernardino,
CA 92407
W 9 am-5 pm
Th 1 pm-9 pm
F 9 am-5:30 pm
S 8:30 am-2 pm
\$\$: Free/No fee.



Planned Parenthood San Bernardino Health Center

(909) 890-5511
1873 Commercenter
West, San Bernardino,
CA 92408
M-Th, S, Sun 7 am-5 pm
Friday 6 am-4:30 pm
\$\$: Sliding scale available.



San Manuel Health Clinic

(888) 268-0008
(909) 864-1097
2210 E Highland Ave.,
Ste 200,
San Bernardino, CA
92404
M, T, W 8 am-5 pm
Th 8 am-7 pm
F 8 am-2 pm
\$\$: Free or low cost.



Mission City Community Clinic Victorville

(818) 895-3100
15201 11th Street.,
Ste. 300,
Victorville, CA 92395
M-F 8 am-5 pm
\$\$: Sliding scale of fees based on income.



Yucaipa Center For Health

(909) 797-3377
12504 4th St.,
Yucaipa, CA 92399
**Currently undergoing renovations. Will reopen soon, call for further information in regards to opening date until then medical consultations are available by appointment via the Arrowhead Regional Medical Center's Mobile Clinic.
\$\$: Free.



High Desert Pregnancy Clinic

(760) 369-8512
56669 29 Palms Hwy.,
Ste D, Yucca Valley,
CA 92284
M 12:30 pm-5 pm
T- Th 10:30 am-5 pm
F 12:30 pm-5 pm
\$\$: Free/No fee.



San Diego

25th Street Family Medicine - Mountain Health

(619) 238-5551
316 25th St.,
San Diego, CA 92102
M-F 8:30 am-5:30 pm
\$\$: Sliding scale of fees based on income.



Beach Area Family Health Center (FHCoSD)

(619) 515-2444
3705 Mission Blvd.,
San Diego, CA 92109
M-W, F
8:30 am-5:30 pm.
Th 9 am-6 pm
\$\$: Sliding scale available.



Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision





Pharmacy







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HEALTH RESOURCES



Black Infant Health Program (FHCSD)
 (619) 266-7466
 5379 El Cajon Blvd.,
 San Diego, CA 92115
 M-F 8 am-5 pm
 \$\$: Sliding scale available.
 

Ciaccio Memorial Clinic
 (619) 515-2587
 3544 30th Street.,
 San Diego, CA 92104
 M-Th 8:30 am-5:30 pm
 F 9 am-5 pm
 \$\$: Sliding scale available.



City Heights Family Health Center (FHCSD)
 (619) 515-2400
 5454 El Cajon Blvd.,
 San Diego, CA 92115
 M-F 8:30 am-5:30 pm
 S 8:30 am-12:30 pm
 \$\$: Sliding scale available.
  



Comprehensive Health Center - Euclid
 (619) 527-7330
 286 Euclid Ave., Ste 302,
 San Diego, CA 92114
 M-F 8 am-5 pm
 \$\$ Sliding scale available.
 



Comprehensive Health Center - Ocean View
 (619) 231-9300
 3177 Ocean View Blvd.,
 San Diego, CA 92113
 M-F 8 am-6 pm
 S 8 am-12 pm
 \$\$: Sliding scale available
  


Diamond Neighborhoods Family Health Center
 (619) 515-2560
 220 Euclid Ave., Ste 40,
 San Diego, CA 92114
 M-F 8:30 am-5:30 pm
 \$\$: Sliding scale available.
 



Downtown Family Health Center
 (619) 515-2525
 1145 Broadway,
 San Diego, CA 92101
 M-F 8 am-5 pm
 \$\$: Sliding scale available.
 



Elm Street Family Health Center
 (619) 515-2520
 140 Elm Street.,
 San Diego, CA 92101
 M, W, F 8 am-5 pm
 \$\$: Sliding scale available.





Euclid Family Counseling Center SYHC
 (619) 205-1947
 292 Euclid Ave.,
 San Diego, CA 92114
 M-F 1 pm-5 pm
 \$\$: Sliding scale available.
 

Health Development Services Central Region
 (619) 515-2406
 2114 National Ave.,
 San Diego, CA 92113
 M-F 8:30 am-5 pm
 S 9 am-1 pm
 \$\$: Sliding scale available.
 



Hillcrest (North Park) Dental Clinic
 (619) 515-2434
 3544 30th St.,
 San Diego, CA 92104
 M-F 8:15 am-5 pm
 \$\$: Sliding scale of fees based on income.


La Maestra Community Health Centers - Main Medical Clinic
 (619) 280-4213
 4060 Fairmount Ave.,
 San Diego, CA 92105
 M-F 8:30 am-6 pm
 S 9 am-2 pm
 \$\$: Sliding scale available.
 



Linda Vista Health Care Center - San Diego Family Care
 (858) 279-0925
 6973 Linda Vista Road.,
 San Diego, CA 92111
 M, W, F 8 am-5 pm
 T 8 am-8:30 pm
 S 9 am-1 pm
 \$\$: Sliding scale available.
 


Ob Rx
  



Logan Heights Family Counseling Center
 (619) 515-2355
 2204 National Ave.,
 San Diego, CA 92113
 M 8 am-5 pm
 T & W 8 am-8 pm
 Th & F 8 am-5 pm
 \$\$: Sliding scale available.


Logan Heights Family Health Centers of San Diego
 (619) 515-2300
 1809 National Ave.,
 San Diego, CA 92113
 M 8 am-7 pm
 T- Th 8 am-6 pm
 F 8 am-5:30 pm
 S 8 am-5 pm
 \$\$: Sliding scale available.
 



Ob Rx
 



Nestor Community Health Center - IBCC
 (619) 429-3733
 1016 Outer Road.,
 San Diego, CA 92154
 M, W 8 am-8 pm
 T, Th, F 8 am-5 pm
 \$\$: Sliding scale of fees based on income.
 



North Park Family Health Center
 (619) 515-2424
 3544 30th St.,
 San Diego CA 92104
 M-Th 8:30 am-5:30 pm
 F 8:30 am-5 pm
 S 8:30 am-12:30 pm
 \$\$: Sliding scale available.


Operation Samahan Mira Mesa Outreach Clinic
 (858) 578-4220
 10737 Camino Ruiz.,
 Ste 235,
 San Diego CA 92126
 M-S 8:30 am-5 pm
 \$\$: Free or low cost.
 



Ob Rx
 

Operation Samahan Rancho Penasquitos
 (858) 312-6700
 9955 Carmel Mountain Road F2,
 San Diego, CA 92129
 M-F 9 am-1 pm
 \$\$: Free or low cost.
 



Ob Rx
 

Planned Parenthood City Heights Express Center
 (888) 743-7526
 4305 University Ave.,
 Ste 350,
 San Diego, CA 92105
 M-Th 10:30 am-7 pm
 F 9 am-5:30 pm
 \$\$: Sliding scale available.
 



Planned Parenthood First Avenue Family Planning Michelle Wagner Center
 (888) 743-7526
 2017 First Avenue.,
 Ste 301,
 San Diego, CA 92101
 M, W, S 7:30 am-4 pm
 T, Th 9:30 am-6 pm
 \$\$: Sliding scale available.
 

Ob Rx
 

Planned Parenthood Pacific Beach Express Mimi Brien Center
 (888) 743-7526
 1602 Thomas Ave.,
 San Diego, CA 92109
 T, Th 10 am-6:30 pm
 W 8:30 am-5 pm
 \$\$: Sliding scale available.
 

San Diego American Indian Health Center
 (619) 234-2158
 2630 1st Ave.,
 San Diego, CA 92103
 M-F 8 am-5 pm
 \$\$: Financial assistance available.
 

San Diego Children's Dental Clinic - SYHC
 (619) 205-1950
 8110 Birmingham Way.,
 Building 28 ,
 San Diego, CA 92123
 M-F 8:30 am-5:30 pm
 \$\$: Sliding scale available.
 

Ob Rx
 

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Women's Health



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HEALTH RESOURCES

Sharp Rees-Stealy Downtown San Diego

(619) 446-1575
300 Fir Street.,
San Diego, CA 92101
M-Sun 8 am-10 pm
\$\$: Financial assistance
available.



Sherman Heights Family Health Center

(619) 515-2435
2391 Island Ave.,
San Diego, CA 92102
M-F 8:15 am-5 pm
\$\$: Sliding scale available.



UCSD Student-Run Free Clinic at Baker Elementary

(858) 534-6110
4041 T Street.,
San Diego, CA 92113
T 1:30 pm-4:30 pm
\$: Free.



Mountain Empire Family Medicine

31115 Highway 94,
Campo, CA 91906
(619) 478-5311
M-F 8 am-5 pm.



Alpine Family Medicine

1620 Alpine Blvd., Ste 110,
Alpine, CA 91901
(619) 445-6200
M-F 8 am-5 pm.



Santa Ana

AltaMed Medical Group Santa Ana Main

(714) 541-6815
1400 N Main St.,
Santa Ana, CA 92701
M, W, F 8 am-9 pm
T, Th 9 am-9 pm
S 8 am-6 pm
\$\$: Sliding scale of fees based
on income.



AltaMed Medical Group

**Santa Ana,
17th Street**
(714) 500-0340
1227 W 17th St.,
Santa Ana, CA 92706
M, W 9 am-6 pm
T 10 am-6 pm
Th 9 am-5 pm
F 8 am-5 pm
\$\$: Sliding scale of fees
based on income.



AltaMed Medical Group

Santa Ana, Broadway
(714) 919-0280
1515 Broadway St.,
Santa Ana, CA 92707
T, W, Th 3 pm-8 pm
S 8 am-1 pm
\$\$: Sliding scale of fees
based on income.



AltaMed Medical Group

**Santa Ana,
Central**
(714) 557-4080
1155 W Central Ave.,
Santa Ana, CA 92707
M, W 8 am-8 pm
T, Th 9 am-8 pm
F 8 am-5 pm
S 9 am-1 pm
\$\$: Sliding scale of fees
based on income.



Planned Parenthood

**Santa Ana Health
Center**
(714) 922-4100
1421 E 17th St.,
Santa Ana, CA 92705
M, T, W 7 am-6 pm
Th 7 am-5:30 pm
F, S, Sun
6:30 am-4:30 pm
\$\$: Sliding scale available.



Ob

Serve the People Community Health Center

(714) 352-2911
1206 E. 17th St., Ste 101,
Santa Ana, CA 92701
T-S 8:30 am-4:30 pm
\$\$: Free or low cost.



UC Irvine Family Health Center

Santa Ana
(877) 824-3627
800 N. Main St.,
Santa Ana, CA 92701
M-F 8 am-5 pm
\$\$: Financial assistance
available.



Available to
download at:
[www.latinas.org/
uhcrg](http://www.latinas.org/uhcrg)

This resource guide
was created by
HOPE Interns:

Tiana Marisol
Cherbosque
&
Angelica Hernandez

Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN

Ob

Counseling/ Mental Health



Family Planning



Urgent Care



Dental



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Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



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