Who can sign up?

You may be able to join the study if you:

- Are 18-30 years old
- Have had type 1* diabetes for at least one year
- Have an A1C of 7.5% or higher*
- Are willing to participate in 6-month Occupational Therapy program
- Are willing to complete data collection in person or via mailings
- Have access to a laptop or desktop computer **

*If you are not sure about this information, we can check it with you.
** A loaned laptop from the study may be available.

You will receive compensation for your study participation.

Who we are:

We are researchers at USC testing a lifestyle program for young adults with type 1 diabetes. We would like to find out if this program can help young adults age 18-30 deal with the everyday hassles and problems they experience in managing their diabetes.

Contact us:
chan.usc.edu/real
(213) 534-7325
lrcc@chan.usc.edu

IRB #HS-18-00633
You have questions, we have answers:

I have a really busy schedule. What if I’m not sure I have the time for this?
A lot of people worry about scheduling! We are flexible and can meet you on
evenings or weekends. Most people find a time that works for them. If it doesn’t
work, you can leave the study at any time.

If you live far from our study site, you have the option of receiving study materials in
the mail.

What will happen in the study?
Everyone in the study will have a data
collection session once every 3 months. Half of the people in the study will meet
with an occupational therapist (OT) over 6 months using telehealth. They will
connect through videoconferencing to talk through their challenges and/or
goals related to their diabetes care.

Can I choose whether I get OT?
No, because of the way the study is
designed. The people assigned to meet
with an OT will be chosen at random by
a computer program.

How will this affect the care I get
now for my diabetes?
Being in the study will not affect your
current medical care in any way. We will
only share information with your diabetes
care providers with your permission.

Do I have to come to extra clinic
visits?
No, everything will happen on your
schedule, whenever and wherever works
for you.