

# my SMART goal

MY GOAL

DATE:

● ● ● ● ● CHECKING IN... ● ● ● ● ●

UPDATE #1

DATE:

WHAT IS WORKING?

WHAT IS NOT WORKING?

ANY MODIFICATIONS?

UPDATE #2

DATE:

WHAT IS WORKING?

WHAT IS NOT WORKING?

ANY MODIFICATIONS?

UPDATE #3

DATE:

WHAT IS WORKING?

WHAT IS NOT WORKING?

ANY MODIFICATIONS?