

# Taking Medications

How do you feel about have to take insulin or other medicines?

What is the hardest part about taking your medication?

- 1 Name one of your medications.
- 2 How much are you supposed to take?
- 3 When are you supposed to take it and how often?
- 4 Why do you have to take this medication?
- 5 What are some of the possible side effects?
- 6 What are you supposed to do if you experience side effects?
- 7 Anything else you need to know?
- 8 What do you do if you forget to take this medication?

\*Repeat this exercise for every medication. Be sure to ask your pharmacist or diabetes educator if you do not know the answers.