Doctorate of Occupational Therapy (OTD) Program

Orientation

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OTD Program Director
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310-251-8785 cell
Orientation Agenda

- Intended Outcomes
- Program Data
- Insights & Words of Wisdom
- Program Overview
- Coursework
- Residency Expectations
- NBCOT
- OT Licensure
Intended Outcomes for OTD Graduates

- Leaders in clinical practice
- Possess specialized knowledge and skills
  - Clinical expertise
  - Applies evidence to practice effectively and systematically
  - Program evaluation
  - Quality improvement planning, process & implementation
  - Systems knowledge, systems change
  - Advocates effectively
- Pursues leadership positions in practice
- Develops new roles for OT in emerging practice areas
- Pursues faculty positions
USC Chan Doctors of Occupational Therapy

• 798 total graduates since 2001

• 79 new OTD residents enrolling Fall 2022

• 26 additional OTD residents continuing/active
OTD Insights

from the Chan Doctors of Occupational Therapy

In response to the question, “What were your most powerful learning lessons this past year?”

• Being able to ask questions
• It doesn’t have to be perfect, it just has to get started
• Managing emotions
• Managing workloads and realistic boundaries
• Navigating disappointments
• To stop comparing myself to others
What helped you with your transition from a “student” identity to a “professional” identity?

- Mentorship: take advantage of the support of your mentors from the very beginning! Do not pass this up.
- Utilizing the network of professionals and network of support around me
- Experiences of success – seeing mini successes for myself along the way
- Receiving ownership of a project
- Being pushed outside of my comfort zone
- Crucial Conversations – invest in the text right away!
Words of Wisdom
from the Chan Doctors of Occupational Therapy

• “Nothing will go as planned.”
• “Each journey is unique.”
• “You cannot pour from an empty cup. Take care of yourself; engage in regular self-care.”
• “Get weird during the OTD...do something outside of the box!”
Program Overview and Timelines
Four Leadership Tracks

• Advanced Clinical Practice
  Prepares clinicians with advanced knowledge and skills in a specialty area of practice

• Policy
  Prepares residents as executive decision makers, public policy advocates, or administrators with systems knowledge and leadership skills

• Research
  Prepares residents to be skilled in collecting clinical outcome data within practice and lead program evaluation efforts

• Pedagogy
  Prepares residents with teaching expertise and other skills necessary to become outstanding clinical faculty
OTD Academic Program Calendar
Fall 2022 Semester

• August 22  Semester Begins
• September 5  Holiday
• September 19  In-person ‘Meet & Greet’
• October 13, 14  Fall Recess
• November 11  Veterans Day
• November 23, 24, 25  Holiday
• December 5  Final Leadership Presentations of December 2022 Graduates
• December 14  Last Day of Semester/Last Day of Residency

• Please note, there may be variations in schedule tailored specifically to your residency site service delivery needs.
• If you are simultaneously employed by your residency site, your work obligations may differ from the academic calendar.
• Please remain in close communication with Dr. Bream regarding your specific plans.
Note Regarding Fall 2022 Calendar

- The **2022 World Federation of Occupational Therapy Congress** will be held August 28 – 31 in Paris, France. As such, several USC Chan Faculty, including the OTD Program Director, will be presenting their scholarly work at this international conference, and will be out of the office the first 2 weeks of the semester. Residents are encouraged to address any questions with their course instructors, faculty mentors, and/or residency site preceptors during this time.
OTD Academic Program Calendar
Spring 2023 Semester

• January 9  Semester Begins
• January 16  Holiday
• February 20  Holiday
• March 12 -19  Spring Recess
• May 1  Final Leadership Presentations of May 2023 Graduates
• May 10  Last Day of Semester/Last Day of Residency
• May 12  Commencement

• Please note, there may be variations in schedule tailored specifically to your residency site service delivery needs.
• If you are simultaneously employed by your residency site, your work obligations may differ from the academic calendar.
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OTD Academic Program Calendar
Summer 2023 Semester

• May 17  Semester Begins
• May 29  Holiday
• June 19  Juneteenth (Floating Holiday)
• July 3, 4  Holiday
• July 24  Final Leadership Presentations of August 2023 Graduates
• August 9  Last Day of Semester/Last Day of Residency

• Please note, there may be variations in schedule tailored specifically to your residency site service delivery needs.
• If you are simultaneously employed by your residency site, your work obligations may differ from the academic calendar.
• Please remain in close communication with Dr. Bream regarding your specific plans.
Additional Notes Regarding Calendar

• Please note, OTD residents who also work as graduate assistants or student workers are expected to work through the dates stipulated in their contract agreements, typically August 16, 2022 – May 15, 2023. Please also consult your Supervisor.

• If students plan to enroll in electives outside of the Chan Division, in order to meet program requirements, those courses may adhere to a different registration calendar and, therefore, have different registration deadlines. Please consult the USC Schedule of Classes for all session details. [https://classes.usc.edu/](https://classes.usc.edu/)
Additional Notes
Regarding Calendar

Final OTD Leadership Presentations

• The OTD Leadership presentations scheduled for the 2022-23 academic year are scheduled as remote events, and will take place via zoom:
  ▪ December 5, 2022
  ▪ May 1, 2023
  ▪ July 24, 2023

• It is expected that the OTD graduates attend the final leadership presentations in their entirety. The time attending this event is considered part of your residency obligation.
Learning Options for Coursework

• OT620 is offered both in an online format and in-person format
• OT621 is offered in a hybrid learning format, and mostly remote
• OT686 Residency is conducted within a real-world context of clinical practice, research, policy/administration, or pedagogy. Residency will be completed 100% in context and does not meet regularly as a typical academic class.
• It is feasible to reside out of area for the entirety of the OTD program
• The OTD Leadership presentations scheduled for the 2022-23 academic year are scheduled as in-person events. (Please refer to these dates on previous slide)
Academic Coursework
Options for OTD Course Plans

• Typical Course Plan
• Front-load Coursework
• Part-Time
## Typical OTD Course Plan

**Fall Semester Start**

*for individuals admitted with ‘advanced standing’*

<table>
<thead>
<tr>
<th>Fall Semester 10 credits</th>
<th>Spring Semester 14 credits</th>
<th>Summer Semester 12 credits</th>
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<tr>
<td><strong>OT 620</strong> Current Issues in OS and OT (4 credits)</td>
<td><strong>OT 621</strong> OT Leadership (4 credits)</td>
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<tr>
<td><strong>Elective</strong> (4 credits)</td>
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<tr>
<td><strong>OT 686</strong> Residency (6 credits = 20 hrs/week)</td>
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**Typical OTD Course Plan**

**Spring Semester Start**

*for individuals admitted with ‘advanced standing’*

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Frontload Coursework Plan

for individuals admitted with ‘advanced standing’

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<tr>
<th>Semester I</th>
<th>Semester II</th>
<th>Semester III</th>
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<tbody>
<tr>
<td>14 credits</td>
<td>12 credits</td>
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<tr>
<td>OT 620 Current Issues in OS and OT (4 credits)</td>
<td>OT 621 Leadership: Contemporary Issues (4 credits)</td>
<td>OT 686 Residency (12 credits = 40 hrs/week)</td>
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<td>Elective (4 credits)</td>
<td>OT 686 Residency (12 credits = 40 hrs/week)</td>
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Part – Time Course Plan

- Customized plan, consisting of many variations suitable to your needs, such as one course at a time, part-time residency across 4 semesters, etc.
OTD Elective Options

- **Interdisciplinary Options**
  - Courses at 500 or 600-level or higher

- **OS/OT Elective Courses within Chan Division**
  - Electives may be taken inside or outside of the Chan Division
  - Electives must be at the 500 or 600-level or higher

- **OT 790 Directed Research**
  - Develop own course with USC faculty mentor; devise customized learning objectives and identify tangible outcome / product of your learning activities
  - Typically taken for 1-4 units
  - Each unit equates to 2-3 hours per week (minimum) of effort
USC Interdisciplinary Elective Considerations

- OTD Residents may select interdisciplinary coursework from any school/division/department of USC. Popular course offerings among previous OTD residents have come from (but not limited to) the following schools:
  - Price School of Public Policy
  - Preventative Medicine
  - Marshall School of Business
  - School of Social Work
  - Keck Medical School
  - Rossier School of Education*

*Many courses available solely to Rossier Education majors
Registering for Electives

- To register for Chan Division electives, please email Mr. Peter Wittrock at wittrock@chan.usc.edu.

- Please always provide your student ID number when communicating with Mr. Wittrock.

- For external electives that need D clearance, please contact the specific school/division to obtain the D clearance.

- Some external courses are open solely to the school’s own majors; some may require pre-requisites, and you may be able to petition to enroll in a particular course.
Residency
OT686 Residency Expectations

• OT686 Residency is conducted within a real-world context of clinical practice, research, policy/administration, or pedagogy.
• Residency will be completed 100% in context and does not meet as a typical academic class.
• Residents are obligated to complete all course requirements each semester as outlined in the OT686 syllabus.
• OT686 expectations will be self-managed by each resident via the OT686 Blackboard course site.
• The resident will meet regularly with their USC Faculty Mentor as part of their residency obligation. Typical frequency for mentorship sessions is 2x/month.
• The OT686 Course Instructor will also offer open office hours on a regular basis, and the OTD Program Director is also available for 1:1’s as requested.
• The Pedagogy Residents will also engage in a monthly seminar with Dr. Julie McLaughlin Gray.
OT686 Residency Expectations

• A residency site must be secured prior to the drop/add deadline of the first semester in order to enroll in OT 686 Residency units.

• Resident will complete all pre-requisite requirements of the residency site within the expected timeline.

• Resident is expected to complete the minimum number of residency hours within the specific start and end dates of each semester. (20 hours/week for 6 units; 40 hours/week for 12 units)

• Resident receives credit for the hours completed during the semester in which they are enrolled.

• Additional hours may be completed, however these hours cannot be credited to a previous or subsequent semester.
OT686 Residency Expectations

• Resident is expected to achieve performance expectations of residency site.
• Resident is expected to meet all academic obligations outlined in the OT686 syllabus, such as assigned readings, reflections, participate in seminar discussion sessions and open office hours.
• Residents are expected to be up-to-date with all communications from OTD Program Director and Instructors.
• Residents are expected to refer to OT686 Blackboard and the course syllabus frequently to ensure all expectations and deadlines are met.
• If terminated from residency, the resident will receive a grade of ‘no credit’ for the residency units that semester.
• A termination from residency may also result in termination from the OTD program.
OT686 Residency Expectations
Required Assignments & Documentation

• All assignments and required documents must be submitted in electronic PDF or word format to the OT686 Blackboard site. Hard copies, screen shots and/or photos of documents will not be accepted.

• When signatures are required, please plan accordingly and allow your faculty mentor and residency site preceptor at least 2 weeks’ notice in advance of the published deadline to ensure all necessary signatures are obtained and all assignments submitted by their published deadlines. Course credit and degree progress depends upon this.
The OTD Leadership presentations scheduled for the 2022-23 academic year are scheduled as remote events and will take place via zoom:

- December 5, 2022
- May 1, 2023
- July 24, 2023

It is expected that the OTD graduates attend the final leadership presentations in their entirety. The time attending this event is considered part of your residency obligation.
# OT686 Residency Required Documentation

## Academic & Residency Plan, Verification of Residency Hours & Progress Report

### OTD Academic Agreement & Residency Plan, Verification of Residency Hours & Progress Report 2020-2021

<table>
<thead>
<tr>
<th>Name</th>
<th>Email &amp; Phone Contact</th>
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<tr>
<td>OTD Resident</td>
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<td>Faculty Mentor</td>
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<td>Residency Site Preceptor</td>
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<td>Residency Site Location</td>
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<tr>
<th>LEARNING GOAL(^1)</th>
<th>STRATEGIES(^2)</th>
<th>RESOURCES</th>
<th>SUCCESS INDICATORS</th>
<th>TARGET DATE</th>
<th>PROGRESS(^3)</th>
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### Residency Units for Current Semester

- [ ] 6 units = 20 hours/week minimum standard
- [ ] 12 units = 40 hours/week minimum standard

### End of Semester Verification of Hours and Approval Signatures:

Resident: ___________________________________________ Faculty Mentor: ___________________________________________

Residency Preceptor: ___________________________ Date of Submission: ___________________________

Submit electronic copy to OTD Program Director via Blackboard for OT 686 as per deadline outlined in OT686 course syllabus.

\(^1\) Source: Can use AOTA Board Certification in Mental Health Criteria or some other advance practice framework.

\(^2\) Some strategy options also taken from AOTA Board Certification process, e.g., formal learning, independent learning, program development, program evaluation, research, etc.

\(^3\) This column completed ONLY at end of each semester.
Mentorship
Mentorship

- **USC Faculty Mentor**: serves as a key support for the resident throughout the program; provides guidance on professional leadership goals; offers guidance on academic matters, such as literature review, elective coursework selection, evidence-based deliverable(s) to name a few; approves final portfolio and presentation

- **Residency Site Preceptor**: considered an expert in the specific context of residency; provides mentorship and consultation specific to the work and functions within the residency context

- **Faculty Mentor must be confirmed prior to the start of the first semester of the program.**

- **For those on the Research Track or Policy/Administration Track in the Chan Division, your faculty mentor and preceptor are one in the same, and typically pre-determined for you.**
Mentorship Expectations

• The resident will engage in consistent mentorship sessions with their USC Chan Division faculty mentor and residency site preceptor. One-on-one mentorship sessions take the place of traditional in-class didactic sessions.

• At a minimum, residents should schedule monthly one-on-one mentorship sessions with their faculty mentor and residency site preceptor. It is typical for mentorship sessions to occur 2x/month.

• Residents are encouraged to facilitate joint videoconference calls between faculty mentor and residency site preceptor, to ensure effective communication across all parties, and to ensure that you as the resident are progressing as intended.

• Residents themselves are the driving force of this mentorship relationship and are expected to take the lead in initiating all contacts to ensure the mentorship relationship is tailored to their individualized needs.

Final Graduation Requirements

• **Evidence-Based Portfolio**
  Demonstrates the resident’s knowledge of the evidentiary base that supports the residency experience

• **Leadership Presentation**
  Formal presentation summarizing residency experiences and evidence-based deliverable(s) to an audience of faculty, colleagues and community members

Detailed guidelines for the final portfolio and presentation are available on the OT686 Blackboard site each semester and for the duration of the program.
National Board Certification & State Licensure
NBCOT Requirement & CBOT Licensure

• Residents who are already board certified and licensed in their respective states should submit this proof to the OTD Program Director by the start of the program.

• Residents who have not yet passed NBCOT and are starting residency in their first semester, must submit their CBOT temporary license as soon as possible to the OTD Program Director.

• Residents must pass and submit proof of the NBCOT certification by the end of their first semester of enrollment.

• Residents who do not submit proof of NBCOT will not be allowed to register for OT686 residency the following semester.

• There may be some exceptions to this requirement for residents with international status and on the research, education, or policy track, if they have no intent of practicing clinically in the U.S.
Any Questions?

Please contact your USC Faculty Mentor and/or OTD Program Director with any questions you might have.

Thank you and welcome to the program!

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CBOT
Learning Application Activities

CBOT “Quiz”
You have just passed the NBCOT and are now applying for your California license. Which of your experiences should you list under Section V, work experience verification?

A. Your level II fieldwork
B. Your level II fieldwork and your residency, but not your position
C. Your level II fieldwork and your residency, as well as your position at the residency
D. All experience relevant to occupational therapy, including volunteer experiences
A. Your level II fieldwork
You have passed the NBCOT and are in the process of applying for your California license. Which of the following reflects how you may refer to yourself on your signature line?

A. your name, OT
B. your name, Occupational Therapy Doctoral Resident
C. your name, OTR
D. your name, OT Doctoral Resident
B. Your name, Occupational Therapy Doctoral Resident
You have recently passed your NBCOT and submitted your application for licensure to CBOT. Your residency site has been identified by the media because of an innovation that you were a part of. While interviewing you about your contribution, a magazine reporter mentions that you are an occupational therapist. What should you do?

A. Nod and smile, but don’t say anything about it
B. Begin describing yourself as an occupational therapist since you have passed your NBCOT and will likely have your license by the time the magazine is published
C. Correct them, explaining that you have not yet received your license and so cannot describe yourself as an occupational therapist yet
D. Explain that you are an occupational therapist, but do not have your license yet
C. Correct them, explaining that you have not yet received your license and so cannot describe yourself as an occupational therapist yet
It is February and you have just signed up for your NBCOT exam. Meanwhile, you and your preceptor are also applying to a conference in the summer. The conference application asks for your credentials. Your preceptor encourages you to describe yourself as a licensed occupational therapist, because you will likely be one by that time. What should you do?

A. Describe yourself as a licensed occupational therapist
B. Describe yourself as a licensed occupational therapist if you are feeling pretty confident about passing the NBCOT
C. Do not describe yourself as a licensed occupational therapist
C. Do not describe yourself as a licensed occupational therapist
You have just passed the NBCOT exam and are so excited, and relieved. You go to post on Facebook. Which of the following would be acceptable to post?

A. After 2.5 years..... I’m an OTR!
B. So thrilled to be an occupational therapist!
C. Your name, OTR 😊
D. I passed my board exam!
D. I passed my board exam!
The End